

# North & South America

'BUSINESS CLASS' TOURS FOR CURIOUS TRAVELLERS

**INSIGHT  
VACATIONS**





# *Tours for the World's Most Curious Travellers*

ALL THE SIGHTS AND INSIGHTS, UP CLOSE  
AND PERSONAL, IN 'BUSINESS CLASS' STYLE

*Insightful Insights*

In the heart of Peru's Sacred Valley lies the Maras Salt Mines, created between 500-1100 AD.

On your in-depth tour with a Local Expert, learn how the salt once harvested by ancient Incans is today exported to the entire world.

Experience on Day 4 Peru with Machu Picchu & the Nazca Lines, page 60.



# Find your perfect 'Business Class' Tour

21 TOURS | 23 STATES | 7 COUNTRIES

## Your Experience

*Immerse your curiosities  
in the wonder of the  
Americas.*

SPARK YOUR CURIOSITY P.6

TASTE THE AMERICAS P.11

YOUR INSIGHT TEAM &  
SELECT YOUR GROUP SIZE P.14

STAY IN STYLE P.16

'BUSINESS CLASS'  
STYLE COACHES P.19

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## Our Tours

### WESTERN USA & NATIONAL PARKS

YELLOWSTONE  
DISCOVERY P.22  
7 DAYS

AMERICAN PARKS  
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MOUNTAINEER OPTION P.24  
9 DAYS

AMERICA'S MAGNIFICENT  
NATIONAL PARKS P.26  
15 DAYS

BEST OF CALIFORNIA P.28  
9 DAYS

ENCHANTING  
CANYONLANDS P.30  
7 DAYS

WONDERS OF THE  
AMERICAN WEST P.32  
10 DAYS

### WESTERN CANADA & ALASKA

JEWELS OF ALASKA P.34  
7 DAYS

SPECTACULAR ROCKIES  
AND GLACIERS OF  
ALBERTA WITH ROCKY  
MOUNTAINEER OPTION P.36  
8 DAYS

CANADIAN ROCKIES  
AND PACIFIC COAST P.38  
14 DAYS

EASTERN CANADA  
& EASTERN USA P.40  
LANDSCAPES OF THE  
CANADIAN MARITIMES  
12 DAYS

EASTERN CANADA  
DISCOVERY P.42  
8 DAYS



*Loved the tour, lots of historic sites and beautiful scenery, a coach with plenty of leg room. Very knowledgeable Travel Director and Driver... couldn't ask for anything more.*

**KERRY & CHRIS**  
**BEST OF EASTERN CANADA & USA, PAGE 44.**



### *In*sightful Insights

With over 80% of its residents speaking Québécois French, Québec City offers you a taste of France in the Americas. Get up close and personal to its timeless charm as you explore with a Local Expert, from the cobbled streets and gothic Notre-Dame Cathedral to Château Frontenac, the globally-recognised symbol of the city. Experience on *Eastern Canada Discovery*, page 42 and *Best of Eastern Canada & USA*, page 44.

**BEST OF EASTERN CANADA & USA**  
**16 DAYS**

P.44 **HAWAII**

**NEW ENGLAND'S FALL FOLIAGE**  
**8 DAYS**

P.46 **HAWAII WITH OAHU, MAUI & THE BIG ISLAND**

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**BEST OF EAST COAST USA**  
**9 DAYS**

P.48 **SOUTH AMERICA**  
**BEST OF CHILE FROM ATACAMA TO PATAGONIA**  
**11 DAYS**

P.58

**SPECTACULAR NATIONAL PARKS OF EASTERN USA**  
**10 DAYS**

P.50 **PERU WITH MACHU PICCHU & THE NAZCA LINES**  
**13 DAYS**

P.60

**BOSTON, CAPE COD AND THE ISLANDS**  
**8 DAYS**

P.52 **ARGENTINA, URUGUAY & BRAZIL DISCOVERY**  
**11 DAYS**

P.62

#### **SOUTHERN USA**

**COUNTRY ROADS OF THE DEEP SOUTH**  
**12 DAYS**

P.54

*Insight Vacations is proudly rated*

**4.6/5 feefo**

Based on 40,000+ reviews

## *Take on the world with Insightful Travel Trivia*

Join thousands of other curious travellers each week and test your knowledge against our Travel Experts for your chance to win prizes.



*Play now*



[insightful.insightvacations.com](https://insightful.insightvacations.com)

# Spark your Curiosity

OUR COLLECTION OF CAREFULLY CRAFTED PREMIUM EXPERIENCES REVEAL EACH DESTINATION THROUGH A NEW LENS. THREADED THROUGHOUT EACH DAY, THEY DELIGHT YOU FROM DAY ONE, UNTIL IT'S TIME TO GO.



## INSIGHT CHOICE

*On chosen days, you're invited to select your preferred experience to personalise your journey.*

### LOCAL GARDENS OR LOCAL GAUCHOS

In Patagonia, head out on a Balmaceda and Serrano Glacier Cruise (1) to view majestic ice formations. Visit Torres del Paine National Park (2), famous for its glaciers, grasslands, mountains and the three granite towers (torres) it is named after. Complete your time in the region with Insight Choice by joining traditional gauchos (cowboys) to experience life on a ranch, or, be guided through the region's oldest gardens at Reserva Cerro Paine. *Experience on the Best of Chile from Atacama to Patagonia, page 58.*

# INSIGHTFUL ENCOUNTERS

*You'll enjoy first-hand, personal encounters with local subject experts such as naturalists, historians and more. Uncover more than you could ever read in guidebooks, or discover on your own.*

## FRESH SEAFOOD MEETS FRESH PERSPECTIVES

Renowned as 'The Scallop Capital of the World,' Nova Scotia (3) invites you to meet with **Brad Hewey, a distinguished local fisherman**. Delve into maritime history and the intricacies of life at sea while indulging in succulent scallops freshly harvested from the Atlantic (4). *Experience on Landscapes of the Canadian Maritimes, page 40.*

## FACE NEW HEIGHTS WITH A YOSEMITE CLIMBER

You'll join a local climber to watch other climbers in action climbing the face of the larger than life 3000 ft granite monolith, **El Capitan**. You will learn the basics of mountain climbing and history of this sport within Yosemite, a mecca for the climbing community the world over. Gain insights into the lengths climbers go to for special access, affording them breathtaking views as they conquer the park's towering peaks. *Experience on Best of California, page 28.*

## WORLD-CLASS LUNCH WITH A WORLD RECORD HOLDER

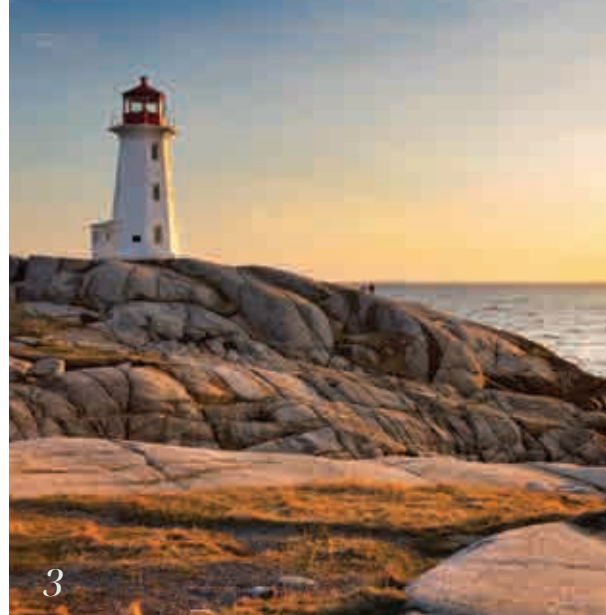
Explore the legacy of sled dog racing with four-time **Iditarod champion, Martin Buser**, at his home in **Big Lake, Alaska**. Over lunch, delve into the demanding 1,049-mile race across the Alaskan wilderness, including his record-setting journey completed in just 8 days and 3 hours alongside the remarkable dogs (5) that made it all possible. *Experience on Jewels of Alaska, page 34.*

## DELVE DEEPER INTO THE GRAND CANYON

Enhance your understanding of the **Grand Canyon's** profound depths. Join esteemed **geologist 'Canyon Tim' (6)** along the South Rim, where you will explore the creation of this ancient, five-million-year-old marvel. Delve into its geological formation and contemporary significance, while keeping an eye out for native wildlife such as mountain lions and elk. *Experience on Enchanting Canyonlands, page 30.*

## A MONUMENTAL EXPERIENCE WITH A NAVAJO GUIDE

Embark on a captivating journey into **Monument Valley Tribal Park** with a **Local Expert from the Navajo (Diné) tribe**. Delve into Navajo lore, explore Anasazi ruins, and discover ancient rock art, typically off-limits to independent travellers due to tribal regulations. *Experience on Wonders of the American West, page 32.*



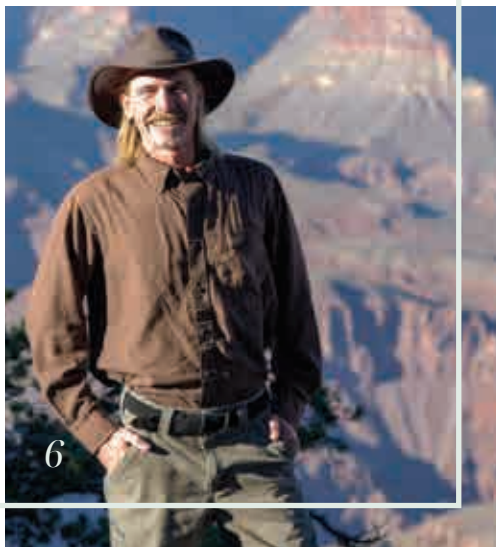
3



4



5



6

## INSIDER ACCESS

*Experience travel as an insider, not merely as a tourist. Benefit from exclusive before-and-after-hours access and private entries that allow for a more intimate and personal discovery.*

### EXCLUSIVE ACCESS TO EXTREME VIEWS

Experience the **Glacier Skywalk (1)** after hours, a glass-floored walkway suspended 280m above the Sunwapta River. The following day, enhance your Rockies adventure with a pre-opening Ice Explorer tour of the Athabasca Glacier, enriched with insights from a Local Expert about this ancient 200,000-year-old ice mass. *Experience on Spectacular Rockies & Glaciers of Alberta, page 36 and Canadian Rockies & Pacific Coast, page 38.*

### A FIVE MILLION STAR EXPERIENCE

As day turns to night, enjoy exclusive after-hours access to **Cusco's Planetarium**. Explore the Inca's deep connection with 'chaskas' (stars) over hot tea, while a Local Expert illuminates the constellations' influence on Andean cultures. Then, peer through telescopes to marvel at the brilliant night sky. *Experience on Peru with Machu Picchu & the Nazca Lines, page 60.*

### A PRIVATE SAIL ON PRISTINE WATERS

Embark on a private sail off **Newport, Rhode Island** aboard the 80ft schooner yacht, Rum Runner II. With a seasoned captain at the helm, explore the region's rich history while sailing past islands and historic landmarks, and discover the tales of the area's affluent residents, past and present. *Experience on Boston, Cape Cod & the Islands, page 52.*

### MEET THE MASTERS OF MARDI GRAS

Discover the heart of New Orleans at **Mardi Gras World**, where you'll get an exclusive behind-the-scenes look at the festival's vibrant floats, art, and costumes that define the city's iconic parades. Learn about the traditions and the festive 'Krewe' balls, and even craft your own festival mask with a resident artist. *Experience on Country Roads of the Deep South, page 54.*

## *In*sightful Insights

A hidden gem in Nashville is its proximity to the world's largest known cave system. As you explore Music City, prepare for an unexpected adventure with a guided tour of **Mammoth Cave National Park**, a UNESCO World Heritage Site and International Biosphere Reserve located just outside the city. Led by a Park Ranger, you'll enjoy an immersive learning experience through the vast and intricate cave network. *Experience on Spectacular National Parks of Eastern USA, page 50.*



# ICONIC HIGHLIGHTS

*Uncover man-made landmarks and natural phenomena with an insightful twist.*

## THE MAGIC OF MACHU PICCHU

Built in the 15<sup>th</sup>-century by an Incan ruler Pachacuti Inca Yupanqui, **Machu Picchu** is one of the most iconic and well-preserved archaeological sites in the world. Alongside a Local Expert, you'll be captivated listening to the stories of its creation, from the significance of each carefully crafted structure to scenery and the cloud forest that can only be described as enchanting. *Experience on Peru with Machu Picchu & the Nazca Lines, page 60.*

## RIO WELCOMES YOU WITH OPEN ARMS

Ascend Mount Corcovado in Tijuca Forest National Park with a Local Expert to the base of the 98ft tall **Christ the Redeemer**. Revel in breathtaking views of Rio de Janeiro and uncover the statue's origins, religious significance, and cultural importance, a blend of French craftsmanship and Brazilian heritage. *Experience on Argentina, Uruguay & Brazil Discovery, page 62.*

## FLAMINGO FRIENDS AND SALT FLATS

Journey to the **Atacama Salt Flats**, one of Earth's driest regions. Spanning 40,000 square miles, witness distant volcanoes and spot Andean and James flamingos at Chaxa, Miscanti, and Minque Lagoons. *Experience on Best of Chile from Atacama to Patagonia, page 58.*

## FACE-TO-FACE WITH A WARRIOR

Explore the iconic **Crazy Horse Memorial** nestled in South Dakota's Black Hills, on Thunderbird Mountain. Led by a Local Expert, delve into the legacy of Tasunke Witko, or Crazy Horse, a revered Oglala Lakota warrior. Learn of his heroic feats, commitment to Lakota traditions, and witness the ongoing construction of this monumental tribute, hailed as the Eighth Wonder of the World. *Experience on American Parks Trail, page 24 and America's Magnificent National Parks, page 26.*

## FALL HEAD OVER HEELS FOR NIAGARA

Situated on the Canadian-US border, set sail aboard a state-of-the-art eco-catamaran to **Niagara Falls**. Experience the exhilarating sensation of feeling the cool spray of the falls up close. With its staggering volume of 2,407 tons of water per second, there's no better vantage point to witness this natural wonder. *Experience on Eastern Canada Discovery, page 42 and Best of Eastern Canada & USA, page 44.*



# WE MAKE TRAVEL MATTER®

*Your personal encounter with the Americas extends to the positive impact you'll make on people and places through experiences that both educate and inspire.*

## HELP RIO'S BOTANICAL GARDENS FLOURISH

Discover **Rio's Botanical Garden (2)** with a knowledgeable botanist, delving into its renowned research and conservation centre. Explore a rich tapestry of bromeliads, orchids, ancient trees, and exotic plants among its 8,000 species. Your visit supports UN Sustainable Development Goal 15: Life on Land. *Experience on Argentina, Uruguay & Brazil Discovery, page 62.*

## BEAT THE CROWDS TO THE BEAT OF THE MUSIC

Delve into the rich history of soul music and its global impact at the **Stax Museum of American Soul Music in Memphis (1)** for an exclusive after-hours visit. Discover the museum's origins in the 1950s and its dedication to preserving and honouring American soul music, featuring legends like Otis Redding, Soul Children, and Jean Knight. Your visit supports UN Sustainable Development Goal 4: Quality Education. *Experience on Country Roads of the Deep South, page 54.*

## INSPIRATIONAL INSIGHTS FROM AN INDIGENOUS COMMUNITY

Explore **Mādahōkī Farm (3)**, a 164-acre haven nestled within Ottawa's Greenbelt in Canada, dedicated to both conservation efforts and celebrating Indigenous heritage. Your visit supports UN Sustainable Goal 10: Reduced Inequalities and UN Sustainable Development Goal 11: Sustainable Cities & Communities. *Experience on Eastern Canada Discovery, page 42 and Best of Eastern Canada & USA, page 44.*

## SHARE ALOHA WITH HAWAIIAN LOCALS

Immerse yourself in Hawaiian culture with Lilia, a 13<sup>th</sup>-generation native, at **Gunstock Ranch on Oahu**. Plant a sacred Milo tree and watch it grow, aiding in landscape revitalisation and reforestation through the Hawaiian Legacy Reforestation Initiative. Your visit supports UN Sustainable Development Goal 15: Life on Land. *Experience on Hawaii with Oahu, Maui & The Big Island, page 56.*

*Look out for this logo for your experience on your chosen itinerary.*

**MAKE TRAVEL MATTER®**  
EXPERIENCE



WE SUPPORT THE SUSTAINABLE DEVELOPMENT GOALS





# *The Americas on Your Plate*

A GREAT JOY OF TRAVEL IS DISCOVERING  
A DESTINATION THROUGH CUISINE.

Join chefs, local culinary experts, and take your seat at a selection of our favourite restaurants and establishments across the Americas. Vegetarians will enjoy industry leading options and meals paired with wine, soft drinks, tea and coffee. And, you'll rise and shine as you expect, with breakfast included every morning.

# TOP-RATED RESTAURANTS

*Each establishment, hand-selected by our experience team, delivers distinct flavour, flair, and all the trimmings.*

## **CANTONESE WITH A MODERN TWIST**

Discover San Francisco's rich Chinese heritage, where 22% of the population is Chinese American. Indulge in a culinary voyage at **Palette Tea House** in Ghirardelli Square, savouring a **five-course menu** featuring **inventive dim sum** and **authentic Cantonese flavours**. Its Michelin Food Guide recognition speaks volumes about its excellence. *Experience on Best of California, page 28.*

## **WE HOPE YOU PACKED YOUR APPETITE**

Step back into the nostalgic charm of the 1940s at **The Beauty Shop**, **Memphis** said to be where Priscilla Presley had her hair done. Now a cherished local gem, it offers American cuisine with a distinctive twist. Savour dishes such

as sweet Louisiana crab, grilled hickory brisket, seared gulf shrimp topped off with crème brûlée, all within the cosy embrace of vintage hairdryer-adorned booths. *Experience on Country Roads of the Deep South, page 54.*

## **LIP-LICKING LOBSTER**

You can't miss tucking into fresh, **creamy Maine lobster** at **Stewman's Lobster Pound**, overlooking picture-perfect Bar Harbor. A recognised delicacy both locally and internationally, delve into the catch of the day, tender and rich flavour, accompanied by mouthwatering sides. *Experience on Best of East Coast USA, page 48 and Best of Eastern Canada & USA, page 44.*

## *In*sightful Insights

Maine is famous for its diverse seafood, especially its renowned lobster. The state's 5,600 independent lobstermen annually harvest over 100 million pounds of lobster using sustainable, one-trap-at-a-time methods from small dayboats, ensuring high quality and marine habitat preservation.





1

## HANDS-ON COOKING DEMONSTRATIONS

*Join top chefs and culinary experts to craft local dishes rich in taste and style.*

### LOCAL CHEFS, GLOBAL FLAVOURS

Across the Americas, talented local chefs impart new skills and recipes. In Ottawa, immerse yourself in a captivating **forest-to-table cooking demo** and dinner at Just Food, under the guidance of chefs at the community farm (1), using fresh foraged ingredients reflected through a seasonal ever-changing menu. *Experience on Eastern Canada Discovery page 42 and Best of Eastern Canada & USA, page 44.*

## DINE-AT-HOME

*Relish in company of locals, who open their doors, lay their tables and share their traditions for an insight into their lives.*

### TOAST TO NEW CULINARY DISCOVERIES

Indulge in the essence of tradition with a **Peruvian 'Pachamanca'**. Hot stones, wrapped in leaves, simmer underground for hours as your fragrant feast is cooked to perfection. Once ready, partake in a ceremonial 'opening' of the Pachamanca with a toast. Witness the symbolic pouring of alcohol onto the ground, a tribute to Mother Earth. *Experience on Peru with Machu Picchu & Nazca Lines, page 60.*

## THOUGHTFUL VEGETARIAN MENUS

*Vegetarian options await across all meals and menus.*

### GRILLED AND THRILLED

At Thunderbird Dining Room, Grand Canyon National Park, savour the richness of **grilled portabella and calabacitas in peppercorn creme sauce**, or savour wholesome **pearl couscous with roasted vegetables**. Accompanied by flavourful potato salad, tangy pickled vegetables, and refreshing apple cranberry coleslaw. Finish with a classic American dessert: apple pie. *Experience on Wonders of the American West, page 32.*

## DINE-AROUND

*On selected days, personalise your dining journey from a choice of hand-picked restaurants.*

### DO YOURSELF A FLAVOUR

Experience a culinary journey of your choice at **The Westin Maui Resort & Spa**. Choose between the vibrant Wailele Luau, featuring **traditional Polynesian flavours** and captivating dance, or a serene dining experience at one of the resort's restaurants for a delightful dining experience curated by you. *Experience on Hawaii with Oahu, Maui & The Big Island, page 56.*



# At Your Service

## MEET YOUR INSIGHT TEAM

*Your 24/7 dedicated team take care of all your travel details.*

Your Travel Director and Driver elevate every aspect of your journey, ensuring it's as exceptional as the destination itself. They expertly handle everything from major requests to minute details, providing a seamless, secure experience.

Their attention to detail, care and experience is proven by the ultimate honour, the Feefo Platinum Trusted Service Award, an independent rating from curious travellers just like you.

Your premium service includes portorage, ensuring your luggage is effortlessly transferred from one hotel to the next.



## CHOOSE YOUR GROUP SIZE

A personal experience is at the heart of what we do. Depending on your preferences, you can select your preferred travel group size. Regardless of your choice, you'll always travel on 'Business Class' style customised coaches, plus enjoy dedicated attention and access to unique experiences, thanks to both group sizes always being smaller than the mainstream tour companies.

### CHOOSE AN AVERAGE OF JUST 33 TRAVELLERS

Capped at a maximum of 40 guests, these groups offer a more personal experience than mainstream tours of 50 or more by gaining access to places that other large group tour companies are unable to visit.

### CHOOSE AN AVERAGE OF JUST 20 GUESTS

Capped at a maximum of just 24 guests, this choice is perfect if you prefer a further individualised experience with more personal attention and space.



## “ Insightful Insights

WITH CAROL, TRAVEL DIRECTOR FOR WESTERN USA & NATIONAL PARKS

*Acute cultural knowledge combined with our unmatched access and insights, makes your Travel Director the perfect person to have by your side.*

The level of service our team offers is the most important thing for us, and we take the time to get to know you and make your holiday special, and personal. Even before your tour starts, we form a connection making sure all details are taken care of and turn any of your stresses to seamless, instantly.

**We know the tiny touches that make a big difference** when we're on the road, like having a chilled wet wipe ready after a hot or dusty experience in one of our magnificent National Parks, or a pick-me-up drink or a sweet treat on hand at just the right moment, or details like our Drivers keeping our 'Business Class' style coaches clean, tidy and fresh at all times. I also love sharing photos and creating little videos of the trip with a link for you to download and share. Personalised service and attention to detail is something that comes naturally to our team.

**Even after all these years the experiences and access available to Insight Vacations guests still amaze me.** For example, shutting down a 250-acre ranch exclusively for us wouldn't happen for anyone. Our Ucross Ranch experience in Wyoming is something pretty special. With unrestricted access, courtesy of the owners, you can indulge in every aspect of ranch life. Whether it's the tranquil pastime of fishing or relaxing on the deck of the ranch house, soaking in the beauty of the area where all worries fade away, tours rarely provide such a serene experience. Within the vistas of rolling hills, I often hear guests say, "I have never ridden a horse and I'd like to try," or "it's been 50 years since I rode a horse." The chance to do either within acres of ranch land creates a calmness that is something truly special. Guests never want to leave.

**It's important to develop an understanding of history, both past and present, and its impact on the future.** For Insight Vacations guests, this is threaded through every experience we offer, come day or night. I take great pride in sharing my knowledge with you and am always enriching

my understanding of destinations. Some particular favourites on my tour series are 'Canyon Tim' geology of the Grand Canyon talk, it creates a connection with the canyon in a unique and memorable way. Or the cookout experience in Monument Valley: not only are the views incredible, guests learn about and connect with the Navajo culture and history facilitated by a member of the Navajo Nation. And of course, the face-to-face experience on the top of the Crazy Horse Memorial is a jaw dropping and memorable experience. These exclusive experiences, unattainable on their own, add an unparalleled depth to your journey, ensuring it's truly unforgettable.

**It isn't just incredible views on offer either, we also have bucket-list stay after bucket-list stay.** Far View Lodge at the top of the mesa at Mesa Verde National Park with a view of over 50 miles into 3 states, or at Old Faithful Snow Lodge in Yellowstone National Park, you are steps away from views of hot springs and geysers erupting at sunrise, sunset or any time in between...need I say more? **Our travel experiences offer far beyond just an experience; they provide memories to relive over and over again.**

*“As Travel Directors, we love fostering a collaborative spirit that bonds each group on a shared adventure into the sights and insights of each destination.”*



# *Put Your Feet Up, Let Your Hair Down*

THE ART OF TOURING IN STYLE BLENDS SEAMLESSLY FROM DAY INTO NIGHT WITH OUR ACCOMMODATION PARTNERS AND A SUPERIOR ON-ROAD EXPERIENCE.

5 & 4 star hotels and unique properties that unite style and location in equal measure, with many morning starts after 9am and included portage and gratuities. 'Business Class' style coaches with all the on-road luxuries you deserve and beyond.

## **SETTLE IN FOR SOME R&R AT THE WESTIN MAUI RESORT**

After your insightful days exploring, rejuvenate at **The Westin Maui Resort & Spa** (pictured), overlooking the Pacific Ocean. Nestled on Ka'anapali Beach, with multiple pools, loungers, and restaurants, the resort offers ample opportunities to unwind and relax. *Experience on Hawaii with Oahu, Maui & The Big Island, page 56.*



## TOP-RATED HOTELS

*Sink into a blissful sleep, waking up fresh and recharged with premium touches.*

### ADD EXTRA TO YOUR ORDINARY AT HOTEL VIKING

Newport, Rhode Island, epitomises American glamour with its Gilded Age Mansions and yacht-filled harbour. Experience its sophistication first-hand at the boutique **Hotel Viking (1)**, a Historic Hotels of America property. Enjoy luxurious surroundings and exceptional hospitality in this refined destination. *Experience on Boston, Cape Cod & the Islands, page 52.*

### LIFE'S A BEACH AT COPACABANA'S HILTON HOTEL

Rio de Janeiro's **Hilton Hotel Copacabana** offers unparalleled views and sightseeing on your doorstep including its spa facilities, restaurants and magnificent rooftop pool. With views of Copacabana and the iconic Sugarloaf Mountain in the distance, the perfect place to sit back with a drink and watch the sunset. *Experience on Argentina, Uruguay & Brazil Discovery, page 62.*

### SLEEP WITH A SIDE OF WONDER

One of the world's best addresses, the only hotel within Iguazú National Park, the location, infinity pool and delectable dining options all come together at **Gran Meliá Iguazú (2)** for an exceptional experience right next to one of the Seven Natural Wonders of the World. *Experience on Argentina, Uruguay & Brazil Discovery, page 62.*

### DISCOVER THE MAGIC OF ARANWA SACRED VALLEY HOTEL

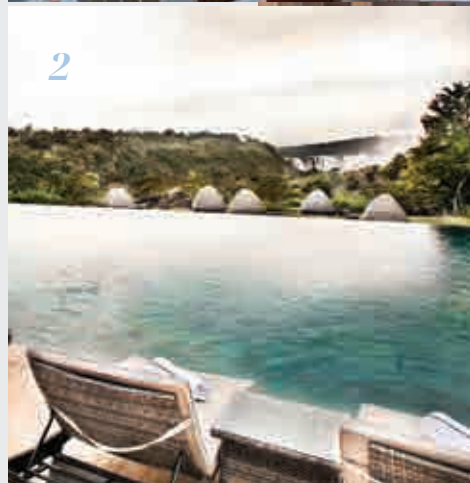
Nestled in a 17<sup>th</sup>-century colonial hacienda, **Aranwa Sacred Valley Hotel & Wellness (3)** immerses you in the rich heritage of Incan culture. Globally acclaimed, it ranks fourteenth worldwide by Condé Nast Traveler readers, embodying premium excellence. *Experience on Peru with Machu Picchu & the Nazca Lines, page 60.*

### STARS IN YOUR EYES IN THE CITY OF ANGELS

Glamour and location combine during your stay at the **InterContinental Los Angeles Downtown**, located in one of the West Coast's most iconic skyscrapers, the Wilshire Grand. Take in views reaching to the Pacific Ocean from the 70<sup>th</sup> floor lobby, sip cocktails at our rooftop bar as you admire the City of Angels. *Experience on Best of California, page 28.*

### TAKE IN THE VIEWS AT THE INVERARY RESORT

Discover Cape Breton's renowned hospitality at **The Inverary Resort, Baddeck**, nestled on the shores of Bras d'Or Lakes. With waterfront views and exceptional service, it serves as the perfect central base for exploring the island. *Experience on Landscapes of the Canadian Maritimes, page 40.*



# UNIQUE STAYS & COSY LODGES

*Location, location, location.*



## ENJOY AN ELEVATED STAY AT GLACIER VIEW LODGE

The ultimate address, your stay at Jasper National Park, **Glacier View Lodge (1)** offers unrivalled views and before-hours access to the Athabasca Glacier. *Experience on Spectacular Rockies & Glaciers of Alberta, page 36 and Canadian Rockies & Pacific Coast, page 38.*

## BE NESTLED IN NATURE AT YELLOWSTONE NATIONAL PARK LODGES

Stay in the heart of Yellowstone National Park, at one of the many lodges situated within the park boundaries. Enjoy after-hours access to marvel at Old Faithful without the crowds. Relax in classic wood lodgings, complete

with a roaring open fire for an authentic American frontier experience. *Experience on America's Magnificent National Parks, page 26, American Parks Trail, page 24 and Yellowstone Discovery, page 22.*

## HOTEL LAS TORRES - THE PEAK OF PREMIUM ACCOMMODATION

In Torres Del Paine National Park, **Hotel Las Torres** offers panoramic vistas of the valley and mountains. Enjoy premium culinary offerings and facilities, including a wellness centre, perfect for unwinding after exploring a portion of the park's vast 448,284 acres. *Experience on Best of Chile From Atacama to Patagonia, page 58.*

# 'Business Class' Style Coaches

WHEN THE JOURNEY IS AS  
GOOD AS THE DESTINATION.

## YOUR COACH EXPERIENCE

Combining space and style with unobstructed views, you'll travel above other vehicles on the highways and roads. Enjoy the convenience of on-board bathroom facilities, charging stations and free on-board Wi-Fi. Let our expert Drivers take care of the navigating, parking and tolls as you enjoy the comfort of a smooth journey ahead, with your luggage unloaded when you arrive, and loaded when it's time to go.

## YOUR SEAT EXPERIENCE

Our coaches are designed for relaxing, sleeping or taking in the views. Your seat is equipped with a reclining seat function, tray table, drink holder, in-seat charging station, and personal adjustable air-conditioning unit.

## INSIGHT VACATIONS'

'BUSINESS CLASS' STYLE COACHES – 40 SEATER\*



MAINSTREAM TOUR COACH – 53 SEATER



*\*On some tours, coaches with differing facilities may be used.*



# Pioneering Responsible Travel

## MAKE YOUR TRAVELS A FORCE FOR GOOD

Travel has the transformative power to create a positive impact to not only you, but the locals of the destinations you visit. As a tour company, we're driven by the mission to protect the world as we know it for future generations to discover. We pledge to make a positive impact on not only the people and communities we visit, but also by protecting the wildlife we encounter and conserving the natural resources of the planet we call home. This comes to life through our 5-year sustainability strategy How We Tread Right (HWTR) and our not-for-profit TreadRight Foundation, which supports sustainable travel initiatives worldwide, with a focus on nature-based solutions to the climate crisis.

### THE 5-YEAR STRATEGY

How We Tread Right (HWTR), is our guiding light when it comes to addressing the impact of our business and trips. It consists of 11 measurable goals which address the issues of climate change, sustainable food production, waste reduction, travel experiences, diversity and inclusion, and wildlife, all anchored to the United Nations Sustainable Development Goals (SDGs).

### OUR JOURNEY TO NET ZERO

Since the inception of our sustainability strategy, the global community has continued to rally in response to the urgent need for climate action. We're committed to achieve net zero greenhouse gas (GHG) emissions by the year 2050. Our dedication to this goal is outlined in our Climate Action Plan, with science-based targets that address our carbon footprint. We are proud of the fact that, alongside our sister brands, we became the first global tour operator to have near-term, long-term and net zero targets that are validated by the Science Based Target initiative (SBTi).



*Please scan for more insights into  
our journey to make a positive impact.*





*In*sightful  
*In*sights

#### PERUVIAN PATTERNS

Incan textiles remain prized today for their beauty and cultural significance. Some taking over 600 hours to create. In Peru's Sacred Valley foothills, you'll meet a Quechua weaver for firsthand insights into ancient weaving techniques dating back to 600 BC. Discover how vibrant textiles shape personal and regional identities in the Andes, conveying stories and emotions about the natural world. Your visit supports UN Sustainable Development Goal 5: Gender Inequality & UN Sustainable Development Goal 10: Reduced Inequalities. *Experience on Peru with Machu Picchu & the Nazca Lines, page 60.*

# Yellowstone Discovery

Enter the vast wonderland of the world's first National Park. Meet local artists and naturalists, hike and take in the natural wonders from Bozeman to Jackson Hole on an in-depth discovery.

7 DAYS | 1 COUNTRY | 10 MEALS | DYNAMIC



Be the first to rate this new trip.  
**feefo**  
Guest Review Rating



Trip code: AYLO

## DEPARTURE MONTHS

June - September

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/yellowstone](https://insightvacations.com/yellowstone)

### DAY 1 | WELCOME TO BOZEMAN

Views of the magnificent Rocky Mountains welcome you to Bozeman. As one of the main gateways into Yellowstone National Park, get to know this charming town with an easy stroll along Main Street. In the evening, dine in the company of your fellow travellers. **(D)**

**Hotel: AC Hotel by Marriott, Downtown Bozeman**

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | ENJOY BOZEMAN

Let your curiosity be your guide as you explore Bozeman with Insight Choice. Opt to join a guided walking tour of Bozeman's historic Main Street, once a gathering place for the local indigenous people and an important location in the 1860s gold rush. Enjoy the stories of the colourful characters who influenced the look and shape of the town as you stroll past historic buildings. Or, visit the Museum of the Rockies, a world-class cultural and natural history museum renowned for displaying an extensive collection of dinosaur fossils. Get up close to the fully mounted Montana T. rex skeleton and explore exhibits including Welcome to Yellowstone Country, Enduring Peoples and the Paugh History Hall. **(B) (RS)**

### DAY 3 | HELLO YELLOWSTONE!

Depart Bozeman in the morning and enter the vast wonderland of Yellowstone National Park. The world's first National Park, Yellowstone spans over 2.2 million acres and is full of natural wonders, geothermal phenomena and diverse, free-roaming wildlife. Spend the afternoon sightseeing and wildlife spotting in Yellowstone with your Travel Director, looking out for wolves, bears, elk and moose. In the late afternoon, join local artist John Potter for an insightful MAKE TRAVEL MATTER® Experience, learning about the natural environment in a whole new way. Potter reveals the park's history, culture and wildlife through his deep artistic and spiritual connection to the land based on the traditions of his Anishinaabe (Ojibwe/Chippewa) ancestors. Growing up in Northern Wisconsin, Potter developed a love for the Natural World early on and spent 20 years as an award-winning illustrator for a large Montana newspaper before painting landscapes and wildlife full-time in 2022. Potter has since made his home in the Greater Yellowstone region and has developed a special relationship with the land and all its inhabitants. You'll love experiencing the park guided by Potter's special connection to the land. **(B) (L)**

**Hotel: Canyon Lodge, Yellowstone National Park**

### DAY 4 | MAMMOTH HOT SPRINGS SIGHTSEEING

As one of the major geyser basins in Yellowstone, Mammoth Hot Springs terraces invites you to put boots to ground on a gentle

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)  
**HOTELS:** On occasion, hotels of a similar standard and location may be used.

hike. The 2.2-mile Mammoth Terraces Trail passes many of the most beautiful and historic hot spring terraces of the park and snakes up to a sweeping outlook. This afternoon, explore the Mammoth Hot Springs Historic District at your leisure. Get up close and personal with Fort Yellowstone, where 35 structures remain from the 1890's and early 1900's. View the Mail Carrier's Cabin, the only 1800s log structure still standing in Mammoth Hot Springs from the time when mail carriers delivered the mail from railroad distribution points to remote post offices. After this step back in time, your Travel Director reveals more of Yellowstone National Park. **(B) (RS)**

#### DAY 5 | YELLOWSTONE'S GRAND CANYON

Join Local Expert, Adam Brubaker of Tied to Nature for a private tour of Grand Canyon of the Yellowstone, Hayden Valley and Lake Yellowstone. Formed by erosion caused by the Yellowstone river, the Grand Canyon of Yellowstone offers views of dramatic colours and shapes as puffs of steam rise from the canyon walls. Making your way along Hayden Valley, watch for herds of bison, elk and the occasional grizzly bear. Lastly, bask in the beauty of Yellowstone Lake, the largest high elevation lake in North America. After learning about the creation of the park's waterfalls, canyon, wildlife, and human and geological history, enjoy sightseeing in the park with your Travel Director. **(B) (D)**

**Hotel: Grant Village, Yellowstone National Park**

#### DAY 6 | YELLOWSTONE'S FAMOUS OLD FAITHFUL

Set off this morning with a short hike on the Midway Geyser Loop, strolling along the boardwalks as steam rises from the distant Grand Prismatic Spring - Yellowstone's largest hot spring - and past Turquoise Pool and Opal Pool. Your Travel Director leads the way to Old Faithful showcasing other highlights of the park along the way. After lunch, take your time exploring the many impressive thermal features around Old Faithful, one of Yellowstone's most famous geysers. From rising steam to colourful pools and ponds, choose from a variety of hikes from less than a mile to 3.5 miles. The rest of the afternoon and evening are yours to do as you please. **(B)**

#### DAY 7 | MOUNTAIN PEAKS AND THE WILD WEST

Conclude your journey in Grand Teton National Park to marvel at the stunning mountain peaks as your Travel Director reveals all the best vistas in this wildlife haven. Cap off your adventure with a lunch in the private Members Only lounge of the National Museum of Wildlife Art, home to over 5,000 artworks spanning 4,500 years of wildlife history. In the late afternoon, bid farewell to the National Parks with a transfer to Jackson Hole Airport. **(B) (L)**

**TRANSFER:** Arrive at the airport at 14:00.



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Bozeman | Insight Choice** Join a guided walking tour of Bozeman's historic Main Street or visit the Museum of the Rockies, a world-class cultural and natural history museum.

**Yellowstone National Park |** Explore the many geysers including Old Faithful.

**Yellowstone National Park |** Hike the Mammoth Hot Springs area.

**Yellowstone National Park |** Join Adam Brubaker, naturalist and photographer, to visit Grand Canyon of the Yellowstone, Hayden Valley and Yellowstone Lake.

**Yellowstone National Park |** Keep your eye out for wildlife in Hayden Valley and admire the Grand Canyon of Yellowstone.

**Grand Teton National Park |** See the soaring peaks of the Tetons within the National Park and watch for local wildlife.

**Yellowstone National Park |** Join John Potter (Ojibwe/Chippewa) for an outdoors storytelling experience and gain a glimpse into a way of life that thrived in balance long before there were lines on a map creating a National Park. Your experience advances UN Global Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

**MAKE TRAVEL MATTER® EXPERIENCE**



### Premium Dining

**Bozeman |** Delight in local specialities like bison meatloaf for a true taste of the region.

**West Yellowstone |** Enjoy lunch at Bullwinkle's Saloon and Eatery, a family-owned restaurant.

**Jackson |** Savour inventive lunch dishes from Palate in the Members Only Lounge at the National Museum of Wildlife Art.

For all inclusions see tour page online.



# American Parks Trail with Rocky Mountaineer Option

Experience an authentic Wild West adventure in Yellowstone National Park. Learn about Indigenous culture of the Black Hills, and float down the Snake River.

9 DAYS | 1 COUNTRY | 11 MEALS | BALANCED



4.7/5



feefo

Guest Review Rating



Trip code: AAP

## DEPARTURE MONTHS

May - September

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/americanparks](https://www.insightvacations.com/americanparks)

### DAY 1 | ARRIVE SALT LAKE CITY

Welcome to Salt Lake City, the capital of Utah. Situated between Wasatch Range and the Great Salt Lake, this mountainous city is perfect for lovers of the outdoors, with a strong focus on skiing and hiking. Savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

**Hotel:** Sheraton Salt Lake City Hotel

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | JACKSON AND THE TETONS

Before leaving Salt Lake City, take in the State Capitol building. Drive along the scenic Logan Canyon, over the Wasatch Mountain Range, and up to the Bear Lake Summit. Stop for lunch near Bear Lake offering views of beautiful turquoise waters. Then, head north across the Oregon Trail to historic Jackson. Have your cameras ready for the famous elk antlers at central square, while eager shoppers will find a number of charming traditional boutique galleries to browse. Enjoy the rest of the evening at leisure, with your hotel located only a short walk away from Jackson's Town Square. **(B)**

**Hotel:** Elk Country Inn, Jackson Hole

### DAY 3 | YELLOWSTONE NATIONAL PARK

Wake up to a mountainous view like no other and witness the striking Grand Tetons thrust skyward 13,775 Ft (4,199 m) from the valley floor. This morning, you have the opportunity to partake in an optional scenic float down the Snake River inside Grand Teton National Park. In keeping with today's rustic country charm, you'll enter Yellowstone, the world's first National Park. Known for its unique geothermal activity, spectacular landscapes and abundant wildlife, you'll experience Wyoming in all its glory. Keep an eye out for black bears or wolves. Tonight you'll stay in one of Yellowstone's National Park Lodges, allowing you to experience the park after hours, in its natural habitat. **(B)**

**Hotel:** Yellowstone National Park Lodges

### DAY 4 | GEYSERS AND COLOURFUL MUDPOTS

Yellowstone National Park is home to over half of all the world's geysers. Boasting over 500 steaming geysers, today is your chance to walk among hot springs, watch erupting geysers, see bubbling mud pots, and keep your eyes peeled for colourful geothermal paint pots on an informative sightseeing tour with your Travel Director. See Old Faithful, Hayden Valley and behold the powerful Lower Yellowstone Falls. **(B)**

### DAY 5 | THE RANCH AT UCROSS

Head to the Wild West town of Cody, and learn about America's great Western legends at the Buffalo Bill Centre of the West. With five museums on campus, you'll be sure to find one that piques your interest. Learn about

**INCLUDED MEALS:** Breakfast **(B)** Lunch **(L)** Dinner **(D)**  
**RELAXED STARTS:** **(RS)**  
**HOTELS:** On occasion, hotels of a similar standard and location may be used.



Buffalo Bill and the Plain Indians, or venture into the Cody Firearms Museum and the Draper Natural History Museum. Or, for a more relaxed experience, you can stroll through the Whitney Western Art Museum. This evening, enjoy a ranch-style dinner at The Ranch at UCross offering the perfect, relaxing getaway for experiencing Wyoming's wildlife, recreation and environmental heritage. **(B) (D)**

**Hotel: Ranch at UCross, Clearmont**

#### DAY 6 | DEVILS TOWER INTO THE BLACK HILLS

Explore with Insight Choice. Choose to head out on a scenic country horseback ride accompanied by a Ranch Hand. Alternatively, try your hand at fishing, or simply relax and take in the beautiful scenery. Make your way to Devils Tower, an astounding geological feature that protrudes out of the surrounding Black Hills. You'll learn why this symbolic landmark is sacred to the Lakota people and other local tribes. Experience Spearfish Canyon, a favoured spot among wildlife enthusiasts, famous for its woodland beauty. **(B) (RS)**

**Hotel: Spearfish Canyon Lodge**

#### DAY 7 | CUSTER AND THE WILD, WILD WEST

This morning, travel to Oglala Lakota Living History Museum for a unique MAKE TRAVEL MATTER® Experience. Walk among recreated teepee villages while listening to stories of Lakota history and culture. Afterward, visit Badlands National Park with an astounding 244,000 acres of sharply eroded buttes, pinnacles and spires blended. End the day

surrounded by more picturesque landscape in Custer State Park. **(B)**

**Hotel: State Game Lodge, Custer State Park**

#### DAY 8 | MOUNTAIN MONUMENTS OF THE BLACK HILLS

This morning, see the granite faces of Mount Rushmore National Memorial. Later, you'll experience the Crazy Horse Memorial - the world's largest mountain carving in honour of the Lakota warrior. With exclusive access not available to the general public, guests ascend 563 feet (172 metres) and have the opportunity to face the monument up close. Tonight, celebrate your tour coming to a close over dinner with your Travel Director. **(B) (D) (RS)**

#### DAY 9 | DEPART RAPID CITY OR DENVER

It's time to say goodbye to your fellow travellers. Guests flying out of Rapid City may take our complimentary shuttle service to Rapid City Regional Airport. A transfer to Denver International Airport is available for guests flying out of Denver. For those continuing their adventure on the Rocky Mountaineer, enjoy a relaxing evening at your hotel in Denver before embarking on the rail journey of a lifetime the following morning. **(B)**

**TRANSFER:** Arrive at the airport at 16:30.

### Rocky Mountaineer Option

Customise your holiday by adding a five-day Rocky Mountaineer post-extension. Scan the QR code opposite and select your options to read the itinerary and learn more.



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Jackson** | Explore the town's boutiques and stores, which blend the Old West with a modern twist.

**Yellowstone National Park** | Explore the many geysers including Old Faithful.

**Grand Teton National Park** | See the soaring peaks of the Tetons within the National Park and watch for local wildlife.

**Black Hills** | View the awe-inspiring Devils Tower National Monument.

**UCross** | *Insight Choice* Live the American frontier dream with a scenic morning country horseback ride, or take a leisurely fishing outing and enjoy the serene surroundings.

**Badlands National Park** | Visit the Badlands National Park in South Dakota.

**Black Hills** | Visit Crazy Horse Memorial, and gain exclusive access to the face of the monument.

**Philip** | Discover the past, present, and future of the Lakota people at the Oglala Lakota Living History Village. Your experience advances UN Global Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

MAKE TRAVEL MATTER®  
EXPERIENCE



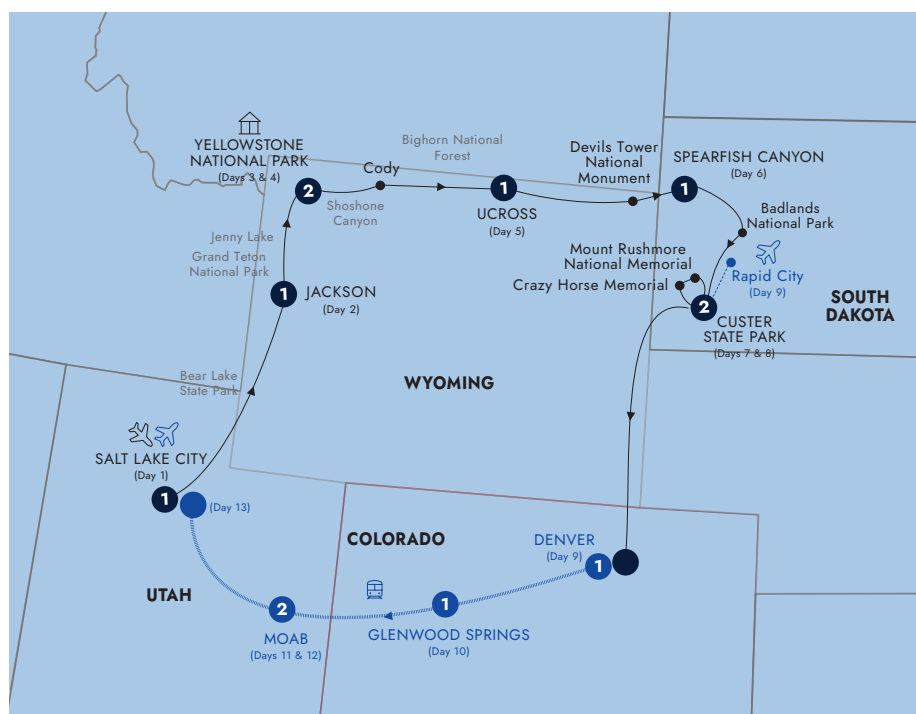
### Premium Dining

**UCross** | Savour a hearty ranch style dinner prepared by your local hosts.

**Salt Lake City** | Mingle with fellow guests over a dinner with wine.

**Custer** | Toast to the finale of your trip at a dinner served at your lodge in Custer State Park.

For all inclusions see our page online.



#### KEY

- Join/Leave Options
- UNESCO Heritage Site
- Hotels and Nights
- Place Visited
- Rocky Mountaineer Train Extension Option

# America's Magnificent National Parks

Embrace the natural wonders of the USA, from the Grand Canyon to Zion's pink-hued cliffs, Bryce Canyon's hoodoos, the peaks of the Tetons, and the geysers of Yellowstone.

15 DAYS | 1 COUNTRY | 21 MEALS | BALANCED



4.5/5  
★★★★★  
feefo

Guest Review Rating



Trip code: AAMC

## DEPARTURE MONTHS

April - September

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/americanparks](https://www.insightvacations.com/americanparks)

### DAY 1 | ARRIVE IN PHOENIX AND TRAVEL TO SCOTTSDALE

Welcome to Arizona! Make your way to Scottsdale on your own and spend the afternoon at leisure. Savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

**Hotel:** Hotel Valley Ho, Scottsdale

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | SEDONA AND THE WONDERS OF THE MIGHTY GRAND CANYON

Travel through world-renowned Red Country along the Red Rock Scenic Byway, one of only 20 designated All-American Roads nationwide. Meet your Local Expert, 'Canyon Tim' at the South Rim of the Grand Canyon to learn about the origins of the five-million-year-old canyon. **(B)**

**Hotel:** Grand Canyon National Park Lodge

### DAY 3 | MONUMENT VALLEY AND LAKE POWELL

Early risers will witness one of Mother Nature's grandest shows on earth: a sunrise over the Grand Canyon. Skirt the southern rim of the canyon before you MAKE TRAVEL MATTER® Experience as your visit supports the Grand Canyon Conservancy and their development of the Desert Viewpoint Intertribal Cultural Heritage Site. Join a MAKE TRAVEL MATTER® Experience in Monument Valley Tribal Park, where Navajo (Diné) Local Experts guide you through the history, culture and heritage of the Navajo Nation. Enjoy a Navajo cookout amid the giant buttes and mesas of this unique landscape. **(B) (L) (D)**

**Hotel:** Lake Powell Resorts and Marinas

### DAY 4 | LEISURELY LAKE POWELL

Spend your day at leisure or partake in one of our popular optional experiences such as a float trip down the Colorado River or hike into Antelope Canyon with a Navajo (Diné) guide. **(B) (D) (RS)**

### DAY 5 | BRYCE CANYON NATIONAL PARK

Travel through Bryce Canyon Country on a portion of the Scenic Highway 89, recognised by National Geographic as the No. 1 Driver's Drive in the world. Enjoy a visit to Bryce Canyon National Park and see the natural amphitheatre and its famous hoodoos. **(B)**

**Hotel:** Zion National Park Lodge

### DAY 6 | ZION NATIONAL PARK

Enjoy a Relaxed Start this morning before joining a Local Expert for a canyon tour aboard a privately chartered tram. Embark on a leisurely stroll along the Virgin River taking in breathtaking views of the pink-hued canyons. **(B) (RS)**

### DAY 7 | SALT LAKE CITY

This morning you make your way out of Zion National Park and travel to Salt Lake City,

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

the capital of Utah. In the evening join your fellow travellers for a dinner with wine at the hotel. **(B) (D)**

**Hotel: Sheraton Salt Lake City Hotel**

#### DAY 8 | JACKSON AND THE TETONS

Head north across the Oregon Trail to historic Jackson, Wyoming. Here you'll be able to explore the storied town at your own leisure. **(B)**

**Hotel: Elk Country Inn, Jackson Hole**

#### DAY 9 | YELLOWSTONE NATIONAL PARK

Today, head toward South Rim. Then we head for the breathtaking Yellowstone, known for its unique geothermal activity, spectacular landscapes and abundant wildlife you are sure to spot. **(B)**

**Hotel: Yellowstone National Park Lodge**

#### DAY 10 | GEYSERS AND COLOURFUL HOT SPRINGS

Yellowstone National Park is home to over half of all the world's geysers. Boasting over 500 steaming geysers, today is your chance to walk among hot springs, watch erupting geysers, see bubbling mud pots, and keep your eyes peeled for colourful geothermal paint pots on an informative sightseeing tour with your Travel Director. See Old Faithful, Hayden Valley and behold the powerful Lower Yellowstone Falls. **(B)**

#### DAY 11 | THE RANCH AT UCROSS

Head through Shoshone National Forest to the Wild West town of Cody, and learn about America's great Western legends at the Buffalo Bill Centre of the West. This evening, enjoy a ranch-style dinner with wine. **(B) (D)**

**Hotel: Ranch at UCross, Clearmont**

#### DAY 12 | DEVILS TOWER INTO THE BLACK HILLS

Explore the Ranch at UCross with Insight Choice. Choose to head on a scenic country horseback ride accompanied by a Ranch Hand.

Or, try your hand at fishing. Make your way to Devils Tower, an astounding geological feature in the Black Hills. Next, experience Spearfish Canyon popular with wildlife enthusiasts and famous for its elvish woodland. **(B)**

**Hotel: Spearfish Canyon Lodge**

#### DAY 13 | CUSTER AND THE WILD, WILD WEST

This morning, travel to Oglala Lakota Living History Museum for a unique MAKE TRAVEL MATTER® Experience. Walk among recreated teepee villages while listening to stories of Lakota history and culture. Afterward, visit Badlands National Park with an astounding 244,000 acres of sharply eroded buttes, pinnacles and spires blended. End the day surrounded by more picturesque landscape in Custer State Park. **(B)**

**Hotel: State Game Lodge, Custer State Park**

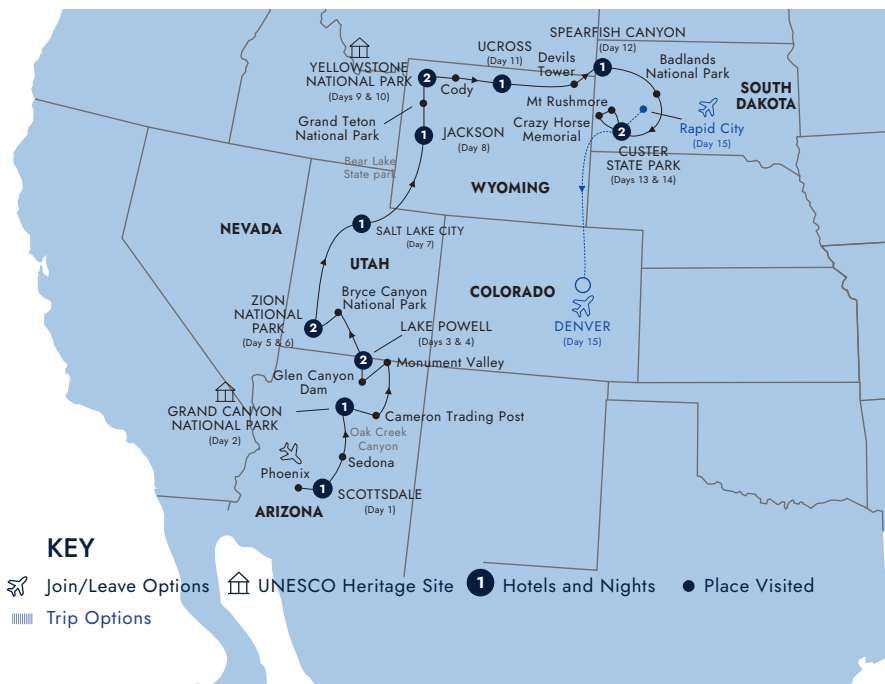
#### DAY 14 | MOUNTAIN MONUMENTS OF THE BLACK HILLS

This morning, see the granite faces of Mount Rushmore National Memorial. Later, you'll experience the Crazy Horse Memorial - the world's largest mountain carving in honour of the Lakota warrior. With exclusive access not available to the general public, guests ascend 563 feet (172 metres) and have the opportunity to face the monument up close. Tonight, celebrate your travels over dinner with your Travel Director and new found friends. **(B) (D) (RS)**

#### DAY 15 | DEPART RAPID CITY OR DENVER

It's time to say goodbye to your fellow travellers. Guests flying out of Rapid City can take a complimentary transfer to Rapid City Regional Airport. A transfer to Denver International Airport is available for guests flying out of Denver. **(B)**

**TRANSFER:** Arrive at the airport at 16:30.



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Grand Canyon National Park | Meet Local Expert 'Canyon Tim' for an Insightful talk about the geological history behind the South Rim.**

**Monument Valley | Explore the valley on all-terrain vehicles with Navajo (Diné) Local Experts.**

**Zion National Park | Travel by private open-air tram to view the canyon's natural beauty.**

**Yellowstone National Park | Experience America's first national park with your Travel Director.**

**UCross | Insight Choice live the American frontier dream with a scenic morning country horseback ride, or take a leisurely fishing outing and enjoy the serene surroundings.**

**Black Hills | Visit Crazy Horse Memorial, and get exclusive access to the face of the monument.**

**Custer State Park | Take in vistas of free-roaming bison and spectacular landscapes.**

**Page | Navajo owned and operated, Red Heritage is a Native American Performing Arts Theatre showcasing awe inspiring local talent: powwow dancers, flute playing, and live drum music. Your experience helps to preserve Navajo Culture and dance and advances UN Global Goal 10: Reduced Inequalities.**

**MAKE TRAVEL MATTER® EXPERIENCE**



### Premium Dining

**Scottsdale | Mingle over a delightful dinner at your resort's renowned Zuzu Restaurant.**

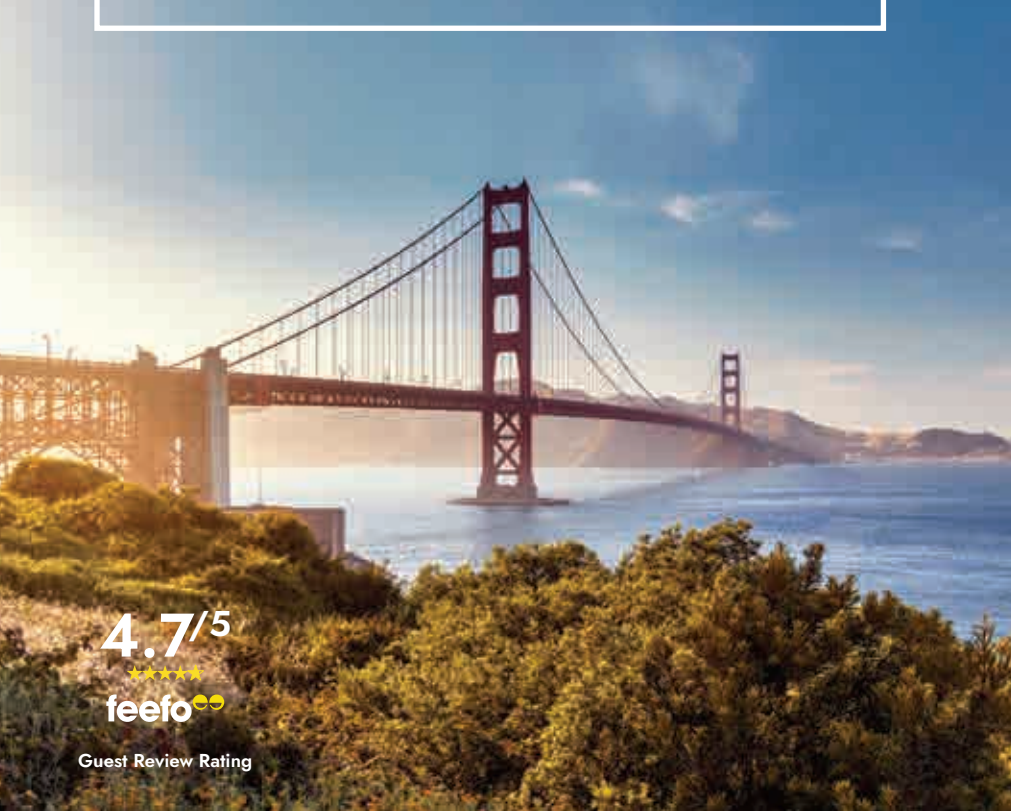
**Clearmont | Enjoy an evening of cocktails, a home cooked dinner, a fire pit, and live entertainment.**

For all inclusions see our page online.

# Best of California

Unlock the best of California from city to sea. With the wonders of Yosemite National Park, see giant sequoias and savour seafood, olive oil, wine and more throughout the Golden State.

9 DAYS | 1 COUNTRY | 12 MEALS | BALANCED



4.7/5



Guest Review Rating



Trip code: ACAL

## DEPARTURE MONTHS

April - October

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/bestofcalifornia](https://insightvacations.com/bestofcalifornia)

### DAY 1 | WELCOME TO LOS ANGELES

Los Angeles conjures up notions of Hollywood glamour, gorgeous beaches and multi-faceted neighbourhoods. With over 100 museums and 2754 names on the Hollywood Walk of Fame, the City of Angels offers plenty of sights to tempt curious travellers. Savour a dinner accompanied by wine in the company of your fellow travellers. **(D)**

**Hotel:** InterContinental Downtown, Los Angeles

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | LOS ANGELES SIGHTSEEING

Begin the day with an epic adventure through Downtown LA exploring the world's largest filming location. See the Biltmore Hotel, Bradbury Building, and Grand Central Market before a nostalgic ride on the city's landmark Angel's Flight funicular. In legendary Hollywood, get up close and personal taking photos of the famous hillside Hollywood sign and strolling along the Walk of Fame. In the afternoon, explore Los Angeles with Insight Choice. Visit the innovative Petersen Automotive Museum. Alternatively, learn about filmmaking at the Academy Museum of Motion Pictures. **(B)**

### DAY 3 | JOURNEY TO THE AMERICAN RIVIERA

Drive along one of the most scenic drives in America known as the Pacific Coast Highway. This stretch of road hugs the coast of California offering sweeping views of the Pacific Ocean. Take a stroll on the wooden Santa Monica Pier that juts 500 metres into the Pacific Ocean. See the iconic ferris wheel and amusement park situated on the pier and perhaps spot wildlife in the distance. Back on the coach, depart for Santa Barbara taking in the ocean views on your left and mountain views to your right. Explore Santa Barbara with Insight Choice. Choose to visit the 18<sup>th</sup>-century Old Mission, one of the original 21 California Missions founded by Spanish Franciscans. Alternatively, take a relaxing stroll through the Santa Barbara Museum of Natural History and learn about California's diverse native plants. **(B)**

**Hotel:** Mar Monte Hotel - Unbound Collection by Hyatt, Santa Barbara

### DAY 4 | DISCOVER CALIFORNIA'S CENTRAL COAST

This morning we visit "The Danish Capital of America" in Solvang, California. In 1911, a new settlement was founded by a group of Danish-Americans who purchased 9,000 acres (3,600 ha) of the surrounding Rancho San Carlos de Jonata, to establish a Danish community far from Midwestern winters. The community took on its distinctive Danish-themed architecture beginning in 1947 and has since become a prominent tourist destination. Later drive from Santa Barbara to Pismo Beach. Enjoy stunning ocean views and lush farmlands as you head

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

north into our final destination dotted with olive groves, vineyards, and orchards. Enjoy lunch on your own before you are treated to an olive oil farm tour and tasting experience. Tonight, enjoy dinner with wine at a local restaurant. **(B) (D) (RS)**

**Hotel: Vespera Resort, Pismo Beach**

#### DAY 5 | GIANT SEQUOIAS

Journey to the majestic Yosemite National Park, a UNESCO World Heritage site. Our first stop will be the stunning Mariposa Grove (seasonal), the largest sequoia grove in Yosemite and is home to over 500 mature giant sequoias. In 1864 President Lincoln signed legislation protecting the Mariposa Grove and Yosemite Valley for "public use, resort, and recreation." It's most famous resident, The Grizzly Giant, is an 1,800-year-old sequoia tree, measuring 209 feet (64 m) high with a circumference of 96 feet (29 m). Settle into your lodge located in the heart of the park and perhaps take a stroll along one of the surrounding trails as the sun sets. **(B)**

**Hotel: Valley Lodge, Yosemite National Park**

#### DAY 6 | EXPLORING YOSEMITE NATIONAL PARK

At this morning's MAKE TRAVEL MATTER® Experience, you'll join a naturalist guide and rock climber to learn about the long history of rock climbing within the park. Compare historic and modern equipment and watch climbers tackle a selection of routes up the granite monolith, El Capitan. Importantly, you'll learn how climbers help preserve the vertical environment as they climb. After lunch, continue exploring Yosemite National Park with your Travel Director before settling into a three-course dinner with wine in The Mountain Room at Yosemite Valley Lodge. Take in views

of the nearly 2500 foot (762 metres) high waterfall while exploring diverse and sustainable menu offerings that include local, organic, and seasonal flavours. **(B) (D) (RS)**

#### DAY 7 | ON TO SAN FRANCISCO

Travel towards the West Coast, cross the Bay Bridge and arrive in buzzing San Francisco. Head to the Fisherman's Wharf, once home to the city's colourful fishing fleet and today a popular district full of restaurants, cafes and shops. This afternoon, join your Travel Director for a stroll across the legendary Golden Gate Bridge, a symbol of California, then continue on a short drive to the quaint town of Sausalito. Enjoy some leisure time before taking the ferry back to San Francisco, passing the infamous Alcatraz Island. **(B)**

**Hotel: Hyatt Regency Embarcadero, San Francisco**

#### DAY 8 | SAN FRANCISCO SIGHTSEEING

This morning, venture across the road to the Ferry Building and shop among the stalls at one of America's most famous farmers' markets. On your city sightseeing tour, journey past lively Union Square and the vast Golden Gate Park. This afternoon, get Insider Access and learn how real sourdough bread is made with a baker at Boudin Bakery, a San Francisco staple since 1849. Tonight, toast to your travels over a dinner at Palette Tea House, located in the heart of Ghirardelli Square, offering a modern take on dim sum and Cantonese cuisine. **(B) (D) (RS)**

#### DAY 9 | FAREWELL CALIFORNIA

It is time to bid farewell to your fellow travellers and new friends as you depart at your own leisure with plenty of new memories. **(B)**



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Los Angeles** | Experience Downtown LA's Hollywood film set locations and ride aboard the historic Angel's Flight Railway.

**Los Angeles** | *Insight Choice* Visit the Academy Museum of Motion Pictures or learn about the history of cars at the Petersen Automotive Museum.

**Santa Barbara** | *Insight Choice* Take a self-guided tour of the magnificent Old Mission Santa Barbara, or visit the Santa Barbara Museum of Natural History, one of the City's best museums. Learn about the area's vast culture and history through exhibits.

**Yosemite National Park** | Take in the natural wonders of this historic UNESCO World Heritage Site and visit Mariposa Grove, home to 500 giant sequoias.

**San Francisco** | Meet a local baker and see how real sourdough is made.

**Sausalito** | Walk across the Golden Gate Bridge and experience the charming seaside town of Sausalito.

**Yosemite National Park** | Learn how rock climbers help preserve the park's ecosystem and vertical environments, like the famed El Capitan, when you meet a member of the Yosemite Conservancy. Your experience advances UN Global Goal 15: Life on Land.

MAKE TRAVEL MATTER®  
EXPERIENCE



### Premium Dining

**Los Angeles** | Enjoy a globally inspired menu in the heart of downtown at Joey DTLA.

**Pismo Beach** | Enjoy a seasonal three-course dinner at a local hot spot.

**San Francisco** | Dine at Palette Tea House, featured in the Michelin Food Guide.

For all inclusions see tour page online.



# Enchanting Canyonlands

Marvel at the Grand Canyon and ride an open-air vehicle through Zion National Park. See Sedona's red rocks and discover Navajo culture through cookouts, storytelling and dance.

7 DAYS | 1 COUNTRY | 10 MEALS | BALANCED



4.8<sup>5</sup>



feefo

Guest Review Rating



Trip code: AEC

## DEPARTURE MONTHS

February - September

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/canyonlands](https://www.insightvacations.com/canyonlands)

### DAY 1 | ARRIVE IN PHOENIX AND TRAVEL TO SCOTTSDALE

Welcome to Arizona, famous for its scenic road trips, towering Monument Valley, and of course the awe-inspiring Grand Canyon. Arrive in Phoenix and transfer on your own to Scottsdale. Perhaps explore the city's Arts District, home to numerous galleries, museums, and public art installations. This evening, savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

**Hotel: Hotel Valley Ho, Scottsdale**

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | SEDONA AND THE WONDERS OF THE MIGHTY GRAND CANYON

Travel through world-renowned Red Country along the Red Rock Scenic Byway, one of only 20 designated All-American Roads nationwide. Explore bohemian Sedona with its shops and galleries, or simply take in the exceptional beauty of Red Rock Country before heading to the Grand Canyon. At an astonishing 277 miles long, 18 miles wide and 1 mile deep, the Grand Canyon is the second-most-visited national park in the USA. Meet your Local Expert 'Canyon Tim' at the South Rim for specialised insights into one of the seven natural wonders of the world. You'll discover the origins of the five-million-year-old canyon and the jaw-dropping features of this park, home to deep canyons, sweeping vistas and rich environmental history. The afternoon is at leisure to explore as you please. Perhaps take to the sky on an optional flightseeing helicopter tour over the South and North Rims. Tonight, enjoy spectacular sunset views from your hotel inside the park. **(B)**

**Hotel: Grand Canyon National Park Lodge**

### DAY 3 | MONUMENT VALLEY AND LAKE POWELL

Early risers will take advantage of the lodge location to witness one of Mother Nature's grandest shows on earth: a sunrise over the Grand Canyon. Travel along the South Rim Desert View Drive, skirting the southern rim of the canyon. Learn how the work of the Grand Canyon Conservancy acknowledges the first voices of the Grand Canyon. Join a MAKE TRAVEL MATTER® Experience in Monument Valley Tribal Park, where Navajo (Diné) Local Experts guide you through the history, culture and heritage of the Navajo Nation. This carefully prepared tour keenly exemplifies the relationship of respect with the land in the valley and the importance placed on preserving the natural treasures found here. Enjoy a Navajo cookout amid the giant buttes and mesas of this unique landscape. This evening, enjoy dinner with wine in the Rainbow Room at your resort. **(B) (L) (D)**

**Hotel: Lake Powell Resorts and Marinas**

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

**DAY 4 | LEISURELY LAKE POWELL**

Today is entirely yours to do as you please. Partake in one of our popular optional experiences, explore on your own, or simply relax by the resort swimming pool with views of Lake Powell. As an optional activity this morning, let yourself be tempted by a gentle float trip down the Colorado River. Calmly float past some of the most awe-inspiring sites, like the iconic Horseshoe Bend and Petroglyph Beach. Or, you explore the iconic and picturesque Antelope Canyon with a local Navajo (Diné) guide. Tonight, Navajo culture takes centre stage with a MAKE TRAVEL MATTER® Experience at Red Heritage. This Navajo-owned performing arts theatre will delight as you see local tribal members sing, share a colourful pow wow dance, flute playing and live drum music over dinner and drinks. **(B) (D) (RS)**

**DAY 5 | BRYCE CANYON PARK**

Journey across a wide-open landscape punctuated by colourful sandstone cliffs and high ridges dotted with piñon pine and juniper. Travel through Bryce Canyon Country on a portion of the Scenic Highway 89, recognised by National Geographic as the No. 1 Drivers' Drive in the world. You will be struck by the beauty of Bryce Canyon National Park, an otherworldly landscape of red rock pillars known as hoodoos, pink cliffs, and endless vistas. In the evening, we arrive at our lodge in Zion National Park. Take an evening stroll

through the park just outside your doorstep or relax and unwind in preparation for a full day of exploring the next day. **(B)**

**Hotel: Zion National Park Lodge**

**DAY 6 | ZION NATIONAL PARK**

Enjoy a Relaxed Start this morning before a day of exploration in the park. Established in 1919 to protect the stunning landscapes, the park features towering sandstone cliffs, narrow slot canyons, and diverse plant and animal life. Today, Zion is one of the most visited national parks in the United States. Tour the canyon aboard a privately chartered open-air vehicle with live commentary from a Local Expert featuring scenic highlights of the region. This afternoon, explore Zion National Park further with Insight Choice. Choose to join your Travel Director for a guided hike to the Emerald Pools, or take a self-guided leisurely stroll along the Virgin River Walk. **(B) (RS)**

**DAY 7 | DEPART SALT LAKE CITY**

This morning you'll bid farewell to the beautiful national parks and your fellow travellers. You will be taken to Salt Lake City International Airport. Alternatively, a transfer to Sheraton Salt Lake city hotel is also provided should you wish to extend your stay. **(B)**

**TRANSFER:** Arrive at the airport at 15:00.

**HIGHLIGHT INCLUSIONS***Premium Experiences*

- Sedona** | Immerse yourself in stunning, natural peaks and rock formations along Oak Creek Canyon Scenic Drive.
- Grand Canyon National Park** | Meet Local Expert 'Canyon Tim' for an Insightful talk about the geological history behind the Grand Canyon.
- Zion National Park** | Travel by private open-air tram to view the canyon's natural beauty.
- Zion National Park** | *Insight Choice* Take a leisurely stroll along the Virgin River taking in the sights and sounds of Zion, or hike to Emerald Pools with your Travel Director.
- Bryce Canyon National Park** | View the odd-shaped monoliths, known as hoodoos.

**Page** | Navajo (Diné) owned and operated, Red Heritage is a Native American Performing Arts Theatre showcasing awe inspiring local talent: powwow dancers, flute playing, and live drum music. Your experience helps to preserve Navajo Culture and dance and advances UN Global Goal 10: Reduced Inequalities.

**Grand Canyon** | Experience Desert View Point, a MAKE TRAVEL MATTER® Experience that supports the Grand Canyon Conservancy and the development of the Desert Viewpoint Intertribal Cultural Heritage Site. Your experience advances UN Global Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

**MAKE TRAVEL MATTER® EXPERIENCE**

*Premium Dining*

- Lake Powell Page** | Indulge in a three-course dinner in the Rainbow Room at your resort.
- Scottsdale** | Mingle over a delightful dinner at your resort's renowned Zuzu Restaurant.

For all inclusions see our page online.



# Wonders of the American West

See ancient pueblo dwellings in Mesa Verde National Park, explore Bryce Canyon's hoodoo spires, and discover the Navajo Nation in Monument Valley.

10 DAYS | 1 COUNTRY | 14 MEALS | DYNAMIC



4.8<sup>5</sup>



feefo

Guest Review Rating



## DEPARTURE MONTHS

April - June + September - October

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/americanwest](https://www.insightvacations.com/americanwest)

Trip code: AWSW

### DAY 1 | ARRIVE IN LAS VEGAS

Welcome to glittering Las Vegas. At Paris Las Vegas Hotel and Casino, see the City of Lights with the same passion, excitement and ambiance of Europe's most romantic city. This evening, savour dinner accompanied by wine in the company of your fellow travellers. **(D)**  
**Hotel: Paris, Las Vegas**

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | ZION NATIONAL PARK

In Zion National Park, follow the paths where Native Americans and pioneers walked as you gaze up at massive sandstone cliffs of cream, pink and red. Take a narrated tram ride alongside the Virgin River and the canyon walls to some of the most treasured spots in the park. Arrive at Bryce Canyon Lodge to explore the nearby trails and vistas. **(B)**  
**Hotel: The Lodge at Bryce Canyon**

### DAY 3 | WHIMSICAL BRYCE CANYON NATIONAL PARK

Travel through Bryce Canyon National Park encountering the whimsical eroded rock formations. Opt to explore by horseback climbing Bristlecone Pine Ridge lined with 1,500-year-old Bristlecone Pine trees. This evening, go off the beaten path to view the colour-changing hoodoos as the sun sets. Feast on a three-course dinner with wine while being entertained by local musicians and sweeping canyon vistas. **(B) (D) (RS)**

### DAY 4 | ESCALANTE NATIONAL MONUMENT AND CAPITOL REEF

Experience Grand Staircase-Escalante National Monument exploring this land of the Ancestral Puebloan and Fremont people. View rock art panels, occupation sites, campsites and granaries built by descendants. Venture to Capitol Reef National Park's landscape of colourful canyons, ridges, buttes and monoliths. This evening is yours to explore downtown Moab at your leisure. Dine at one of the many local restaurants or peruse the many gift shops and boutiques that line Main Street. **(B)**  
**Hotel: Element, Moab**

### DAY 5 | ARCHES NATIONAL PARK AND CANYONLANDS NATIONAL PARK

Visit Arches National Park, housing the greatest concentration of natural arches in the world. View the iconic, 52-foot, freestanding natural arch, the most widely recognised landmark in Utah. Then it's onto Canyonlands National Park for a drive onto the Island in the Sky, a mesa resting 1,000 feet above the countryside. Your sightseeing tour includes spots at various lookout points including the Grand Viewpoint with sweeping views of the Colorado River carving through the red-rock landscape. Tonight, take your pick from a selection of local restaurants to customise your evening dining experience. **(B) (D)**

**INCLUDED MEALS:** Breakfast **(B)** Lunch **(L)** Dinner **(D)**  
**RELAXED STARTS:** **(RS)**

**HOTELS:** On occasion, hotels of a similar standard and location may be used.



**DAY 6 | MESA VERDE NATIONAL PARK**

Visit Mesa Verde National Park, designated as a UNESCO World Heritage Site since 1978, and learn how the park protects some of the best-preserved Ancestral Puebloan archaeological sites in the United States. Among 600 historic cliff dwellings, view the ancient pueblo dwellings known as Cliff Palace, the largest cliff dwelling in the country. This evening, settle in for a relaxing stay at the only lodging inside Mesa Verde National Park. **(B)**

**Hotel: Far View Lodge, Mesa Verde National Park**

**DAY 7 | DURANGO FREE TIME AND MONUMENT VALLEY**

Explore historic Durango before viewing the iconic backdrop of Forrest Gump's last run. Deepen your understanding of the region with your MAKE TRAVEL MATTER® Experience in Monument Valley Tribal Park, where Navajo (Diné) Local Experts guide you through the history, culture and heritage of the Navajo Nation. This carefully prepared tour keenly exemplifies the relationship of respect with the land in the valley and the importance placed on preserving the natural treasures found here. Enjoy a Navajo cookout amid the giant buttes and mesas of this unique landscape. **(B) (D) (RS)**

**Hotel: Goulding's Lodge, Monument Valley**

**DAY 8 | MONUMENT VALLEY TO MYSTERY VALLEY**

Embark on an exclusive journey into Mystery Valley, an area full of Anasazi ruins and rock art not seen from the main highway. Enjoy a guided tour with a local Navajo (Diné) guide among ancient Indigenous ruins and see graceful geological formations, scattered artefacts and breathtaking views of the neighbouring valley.

In Monument Valley Navajo Tribal Park, board an off-road vehicle to explore with your guide. This area is also the backdrop for many Western Hollywood hits, including "Stagecoach" and "Fort Apache." **(B) (RS)**

**DAY 9 | THE WONDERS OF THE GRAND CANYON**

Visit the historic Cameron Trading Post before taking in the Grand Canyon from the Desert View Watchtower. Learn about how this MAKE TRAVEL MATTER® Experience contributes to the Grand Canyon Conservancy's efforts to develop an Inter-Tribal Cultural Heritage Site. At Grand Canyon National Park, continue your exploration with Insight Choice. Enjoy a leisurely hike along the scenic Rim Trail with your Travel Director, or join Local Expert 'Canyon Tim' for an enlightening discussion covering millions of years of history. End your holiday in the grandest way possible with dinner inside the park. **(B) (D)**

**Hotel: Grand Canyon National Park Lodge**

**DAY 10 | RETURN TO LAS VEGAS**

Wake up to the backdrop of the Grand Canyon and enjoy peace and tranquillity before the day trippers arrive. You may take an optional flight-seeing helicopter ride for stunning views over the Grand Canyon before your journey ends with a departure transfer to Las Vegas International Airport. For those extending their stay in Las Vegas, complimentary hotel transfer to Paris Las Vegas is also included. **(B)**

**TRANSFER:** Arrive at the airport at 16:00.

**HIGHLIGHT INCLUSIONS***Premium Experiences*

**Grand Canyon | Insight Choice** hike along the rim for spectacular views, or meet with a local geologist for an informational talk overlooking the Grand Canyon.

**Monument Valley |** Embark on an exclusive journey with a local Diné (Navajo) guide into Mystery Valley's relatively unknown haven of Anasazi ruins and rock art.

**Mesa Verde National Park |** See the ancient pueblo cliff dwellings.

**Arches National Park |** View the natural formations, including the iconic Delicate Arch.

**Canyonlands National Park |** Enjoy spectacular views over the dramatic sandstone formations.

**Zion National Park |** Travel by private open-air tram to view the canyon's natural beauty.

**Monument Valley |** Deepen your knowledge and connection as we travel by way of off-road vehicles to the cookout site for dinner with members of the Navajo nation. Your experience advances UN Global Goal 10: Reduced Inequalities.

**MAKE TRAVEL MATTER®**  
EXPERIENCE

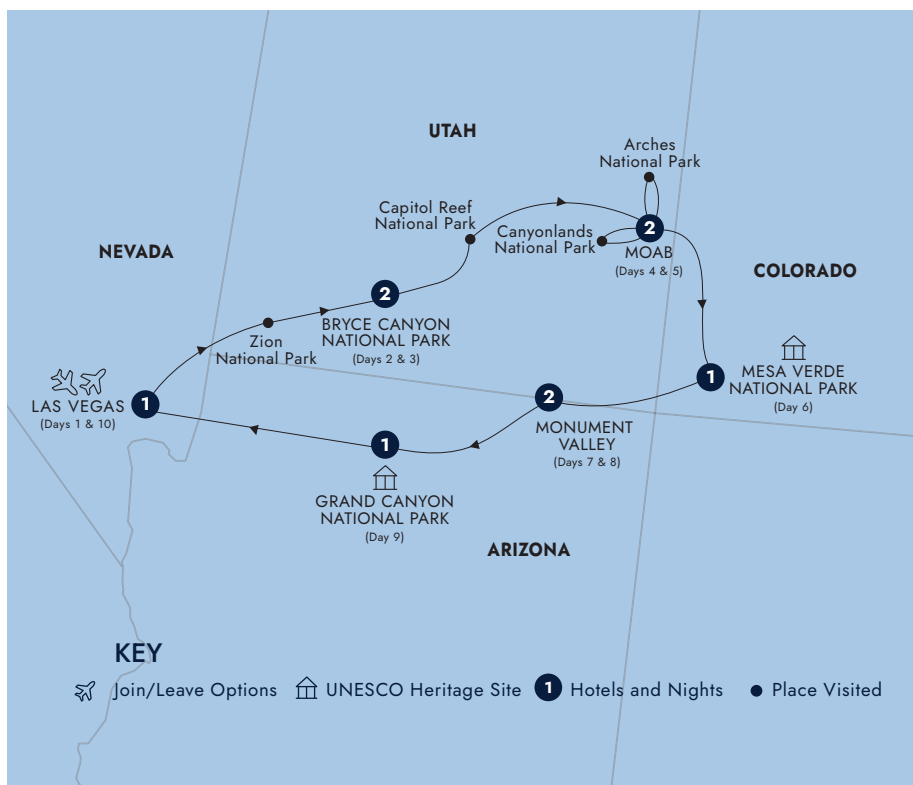
*Premium Dining*

**Bryce Canyon National Park |** Enjoy entertainment by local musicians during a memorable dinner set against the park's beautiful surroundings.

**Moab |** Choose from a hand-picked selection of mouthwatering restaurant options during your Dine-Around evening.

**Grand Canyon National Park |** Enjoy dinner at the Thunderbird Room with an incredible view overlooking the South Rim.

For all inclusions see tour page online.



# Jewels of Alaska

Ride the glass-domed Alaskan Railroad toward Denali National Park, and board a jetboat through Chulitna River to visit a trappers cabin. Go behind-the-scenes with an Iditarod winner and spot wildlife on Prince William Sound.

7 DAYS | 1 COUNTRY | 11 MEALS | BALANCED



4.7/5



feefo

Guest Review Rating



Trip code: AJAK

## DEPARTURE MONTHS

May - September

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/jewelsalaska](https://www.insightvacations.com/jewelsalaska)

### DAY 1 | ANCHORAGE, THE CITY OF LIGHTS AND FLOWERS

Welcome to Alaska, an adventurous land of wildlife, mountains, national parks and glaciers. Savour a dinner accompanied by wine in the company of your fellow travellers. **(D)**

**Hotel:** Marriott Anchorage Downtown

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | ANCHORAGE SIGHTSEEING AND THE MATANUSKA VALLEY

Get acquainted with Anchorage on an immersive city tour. Join a MAKE TRAVEL MATTER® Experience at the Alaska Native Heritage Centre and discover how the culinary traditions passed on by generations of Alaska's first people became a key component in the survival of the culture. Witness firsthand a private demonstration of Agutak ice cream making and how this culinary link to the past helps breathe new life into the indigenous culture of today. This afternoon, travel through the fertile Matanuska Valley and stop at a local farm to see how the long summer days and glacial silt create the perfect environment for growing vegetables and flowers. Head to the quaint community of Talkeetna. The evening is yours at leisure. Your Travel Director is on hand with insights into Alaskan specialties to sample, and dining recommendations to suit your tastes. **(B)**

**Hotel:** Talkeetna Alaskan Lodge

### DAY 3 | TALKEETNA SIGHTSEEING

This morning, you can choose between an immersive jet boat tour up the Chulitna River with a visit to a trapper's cabin, or enjoy a scenic float on the Talkeetna River. The rest of the day is yours to explore, perhaps discovering more of Talkeetna or joining an optional experience such as a flightseeing tour of the Alaska Range or a hike along Talkeetna's best trail with a naturalist guide. **(B)**

### DAY 4 | JOURNEY ALONG THE ALASKAN RAILROAD

Enjoy a Relaxed Start this morning before boarding the world-famous Alaska Railroad train for a spectacular journey over swift-rushing streams, toward Denali National Park and Preserve. View the majestic surroundings from the comfort of your glass-domed rail car. Upon arrival settle in at the lodge before meeting a local climber who will share stories about what it's like to climb Denali, one of the most daunting and tallest land-based mountains in the world. You'll learn about the incredible physical and mental fortitude required to withstand the 17- to 18-day round trip that presents conditions so challenging climbers are forced to build snow walls for protection against the elements. For tonight's Dine-Around dinner, the choice is yours between a charming local brewery or the lodge's rustic restaurant. **(B) (D) (RS)**

**Hotel:** Grande Denali Lodge, Denali National Park

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.



## DAY 5 | DENALI NATIONAL PARK, THE CROWN JEWEL OF THE ALASKAN WILDERNESS

Embark on an extensive Tundra Wilderness Tour for some of the best opportunities to view the park's wildlife. You'll have the whole afternoon at leisure to participate in an array of optional activities. Perhaps opt to join a blissful stroll through one of the meadows, a scenic hike, a rafting trip down the Nenana River (waiver required) or a helicopter flightseeing tour - just don't forget your camera! End the day back at your lodge where you'll enjoy panoramic views of your surroundings under the star-filled night. **(B)**



*The State of Alaska has an incredible 3,197 named lakes and an estimated 3 million unnamed ones. Coupled with its rivers, the state accounts for nearly half of the surface water in the United States.*

**MARITZA, SENIOR MANAGER  
TRAVEL EXPERIENCES**

## DAY 6 | GIRDWOOD AND MOUNT ALYESKA

Enjoy a scenic journey along the George Parks Highway. Stop in Big Lake and visit four-time

Iditarod winner Martin Buser at his own home, Happy Trails Kennels. Arriving at the kennel, you will be greeted by between thirty and sixty excited sled dogs. Spend time with Martin and learn about the many challenges faced on the 1,049-mile dogsled race. Take a virtual trip along the Iditarod trail alongside Martin's narration including countless stories from his thirty-five years of racing, as well as a great deal of Iditarod history - a true insider experience into the world of the Iditarod. Journey on the Seward Highway along Turnagain Arm with its dramatic views, before arriving in the town of Girdwood, home of the Alyeska Resort. Tonight, join your Travel Director for a wonderful dinner complete with wine and good cheer. **(B) (L) (D)**  
**Hotel: Alyeska Resort Girdwood**

## DAY 7 | PRINCE WILLIAM SOUND CRUISE AND DEPART ANCHORAGE

As your time in Alaska draws to a close, enjoy the surroundings and amenities at the beautiful Alyeska Resort. Travel to Whittier to board the 26 Glacier Cruise for a 100-mile (160-kilometre) boat tour of Prince William Sound and into the College Fjord with the chance to see the glaciers up close. Visit with the Captain in the wheelhouse to learn how he expertly navigates the icy waterways and sit down to a sumptuous lunch against an incredible backdrop. For those saying farewell today, travel back to Anchorage where you will arrive at the Anchorage Airport. **(B) (L) (RS)**

**TRANSFER:** Arrive at the airport at 20:30.

## HIGHLIGHT INCLUSIONS

### *Premium Experiences*

**Matanuska Valley** | As you travel through the fertile valley, stop at a local farm to learn about agriculture in Alaska.

**Talkeetna** | *Insight Choice* Enjoy a jet boat tour up the Chulitna River and visit a trappers cabin, or enjoy a scenic Float Trip on the Talkeetna River for amazing views of Mountain Denali.

**Alaska Railroad** | Board the Alaska Railroad train for a spectacular journey.

**Denali National Park** | Hear a local climber's fascinating account of climbing North America's highest peak.

**Denali National Park** | Experience the best of the park on a wilderness tour with a visit to historic Murie Cabin.

**Big Lake** | Meet four-time Iditarod winner, Martin Buser. Learn about the challenges of competing in the 1,049-mile (1,688 kilometre) race and enjoy lunch at his home.

**Whittier** | Cruise Prince William Sound and into the College Fjord.

**Anchorage** | Enjoy an exclusive Agutak (Inuit ice cream) making demonstration during a visit to the renowned Alaska Native Heritage Centre. Your experience advances UN Global Goal 11: Sustainable Cities and Communities.

**MAKE TRAVEL MATTER®  
EXPERIENCE**



### *Premium Dining*

**Anchorage** | Join your Travel Director and fellow travellers to savour Alaskan flavours over dinner.

**Denali National Park** | Choose between a charming local brewery or your lodge's rustic restaurant during a Dine-Around dinner.

**Girdwood** | Savour local specialities with your fellow travellers during dinner complete with wine and good cheer.

For all inclusions see tour page online.



# Spectacular Rockies and Glaciers of Alberta with Rocky Mountaineer Option

Discover Jasper and Banff National Parks, and sleep in a glacial view hotel. Cruise across Maligne Lake, and take a forest walk with a First Nations Guide.

8 DAYS | 1 COUNTRY | 11 MEALS | DYNAMIC



5.0<sup>1/5</sup>  
★★★★★  
feefo

Guest Review Rating



Trip code: AGVL

## DEPARTURE MONTHS

May - September

For dates, prices and to choose your group size call your  
Travel Advisor or see [insightvacations.com/alberta](https://insightvacations.com/alberta)

### DAY 1 | WELCOME TO BANFF

Your stay at a historic mountain resort in Banff awaits. After your arrival at Calgary Airport, if you have purchased an airport transfer, your driver will transport you to the hotel. Built in the distinctive Canadian Château style, it is one of the earliest examples of the country's grand railway hotels. Tonight, join your Travel Director and fellow travellers for a dinner. **(D)**

**Hotel: Fairmont Banff Springs, Banff National Park**

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | EXPLORING BANFF

Connect with nature as you join a memorable MAKE TRAVEL MATTER® Experience with a First Nations Cree Iroquois Local Expert. Discover First Nations culture, such as how plants and animals like bears hold great significance, over a guided walk in the Boreal Forest. This afternoon, choose to discover the history and culture of the Rocky Mountains of Canada at the Whyte Museum or learn about the history of the Fairmont Banff Springs from knowledgeable ambassadors. **(B)**

### DAY 3 | A TRIP TO LAKE LOUISE

The Three Sisters Peak or Mt Assiniboine will impress on this morning's optional helicopter flights (weather dependent). Make your way to Moraine Lake (seasonal) – the largest glacially fed lake in Canada – for a photo stop before lunch at Louiza Restaurant at Chateau Lake Louise. Capture a photo of the turquoise lake before returning to Banff. Opt for a scenic end to your day by taking a Banff Gondola ride. **(B) (L) (RS)**

### DAY 4 | LAKES, MOUNTAINS AND GLACIERS

Glaciers, waterfalls and peaks are revealed on this morning's visit to Yoho National Park. Your journey continues as you take the Icefields Parkway to your glacier-view resort for a Champagne reception. Set out for an after-hours visit to the Columbia Icefield Skywalk, a glass-floored walkway above the Sunwapta Valley before indulging in a Canadian-inspired dinner. **(B) (D)**

**Hotel: Glacier View Lodge, Jasper National Park**

### DAY 5 | GLACIER ADVENTURE

Before other travellers arrive, venture onto the Athabasca Glacier in a massive Ice Explorer for your special, before-hours visit. Join your Local Expert and walk on the frozen flow of ice. Discover the beauty and immensity of the glacier as you learn about the history and geology of the region. Continue along the magnificent Icefields Parkway further into Jasper National Park with its soothing mineral hot springs, colourful meadows and majestic mountains. **(B) (RS)**

**Hotel: Forest Park Hotel, Jasper National Park**

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

**DAY 6 | EXPLORING JASPER**

Enjoy a relaxed start this morning or join the fun and experience an optional easy rafting, scenic float trip down the Athabasca River, a designated Canadian Heritage River. A National Park licensed guide will provide commentary on the human and natural history of Jasper while navigating you along the same route used by the “fur traders” over 2 centuries ago. Don’t worry, the guides do all the rowing; you sit back and enjoy while exploring all the spectacular scenery. There is always a chance of seeing various wildlife including elk, deer, moose, coyotes, wolves, eagles, ospreys, mountain sheep and bears. Later, join your Travel Director on an informative walk on Maligne Canyon, the deepest gorge in Jasper National Park. As you cruise across the crystal waters of magical Maligne Lake (seasonal), fed by the glaciers of Jasper National Park and glide past the jagged mountain peaks, you’ll discover why it’s been declared the “Best Boat Cruise in Canada.” **(B) (RS)**



*Canada has more lakes than the rest of the world combined. You will have the chance to visit a few of the most significant ones.*

**ARSEN, TRAVEL DIRECTOR**

**DAY 7 | JOURNEY TO KANANASKIS**

This morning, enjoy a scenic drive down to Kananaskis, often kept as a secret mountain sanctuary for locals, away from the masses that visit neighbouring Banff National Park. Enjoy the late afternoon to yourself to discover the local trails surrounding your upscale hotel nestled in the wilderness, or head to the Nordic Spa located steps away from the lodge. Tonight, come together with your fellow travellers for a festive dinner and toast to your wonderful trip in the Canadian Rockies. **(B) (D)**

**Hotel: Pomeroy Kananaskis Mountain Lodge, Autograph Collection**

**DAY 8 | DEPART CALGARY**

It’s time to say goodbye to your fellow travellers. A transfer to Calgary Airport is available for guests flying today. For those continuing their adventure on the Rocky Mountaineer, relax at your hotel before embarking on the rail journey of a lifetime. **(B)**

**TRANSFER:** Arrive at the airport at 12:00.

**Rocky Mountaineer Option**

Relax onboard the Rocky Mountaineer for two days of all-daylight rail travel through Canada’s West and the Canadian Rockies.

**HIGHLIGHT INCLUSIONS***Premium Experiences*

**Banff | Insight Choice** Learn about the history of Fairmont Banff Springs, highlights and stories that took place around and at the iconic hotel, or discover history and culture at the Whyte Museum of the Canadian Rockies.

**Moraine Lake |** Enjoy a scenic stop at a glacier-fed lake.

**Icefields Parkway |** See glaciers and soaring mountain peaks on one of the most scenic drives in North America.

**Icefields Parkway |** Enjoy an after-hours visit to the amazing Glacier Skywalk. Step onto the cliff-edged, glass-floored walkway rising 918 ft (280 metres) above the valley.

**Icefields Parkway |** Enjoy a before-hours visit onto the Athabasca Glacier.

**Jasper |** Relax on board a narrated cruise across the serene Maligne Lake.

**Maligne Canyon |** Walk on the trails of the deepest canyon in Jasper National Park.

**Banff |** Join a First Nations Cree Iroquois Local Expert and take a walk in the Boreal forest. Learn how their ancestors survived off the land and used the plants as medicines. Listen to amazing stories about First Nations culture and their relationship with local nature and wildlife. Your experience advances UN Global Goals 5 & 11: gender equality & Sustainable Cities and Communities.

**MAKE TRAVEL MATTER®**  
EXPERIENCE

*Premium Dining*

**Kananaskis |** Dine on fresh, regional ingredients at Kananaskis Mountain Lodge.

**Icefields Parkway |** Indulge in an after-hours visit to the Glacier Skywalk before dinner at the Glacier View Lodge.

**Banff |** Enjoy dinner at Fairmont Banff Springs Hotel.

For all inclusions see tour page online.



# Canadian Rockies and Pacific Coast

See British Columbia's totem poles and traverse Capilano Suspension Bridge. Crunch across Icefields and terrains of the Rockies, and sip the wines of Washington State.

14 DAYS | 2 COUNTRIES | 20 MEALS | DYNAMIC



4.5/5



feefo

Guest Review Rating



## DEPARTURE MONTHS

May - September

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/rockies](https://www.insightvacations.com/rockies)

### DAY 1 | WELCOME TO VANCOUVER

On arrival, make your way to your hotel. Savour dinner accompanied by wine in the company of your fellow travellers. (D)

**Hotel:** Georgian Court Hotel, Vancouver

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | CRUISE THE GULF ISLANDS TO VICTORIA

Embark on a tour of Vancouver, exploring Gastown and the famous totem poles in Stanley Park followed by a visit to Capilano Suspension Bridge Park. This afternoon, board a ferry and sail through the beautiful Gulf Islands to Vancouver Island, an idyllic place known for its fishing and art communities. (B)

**Hotel:** Hotel Grand Pacific, Victoria.

### DAY 3 | BUTCHART GARDENS

Start your day wandering through world renowned Butchart Gardens, a National Historic Site of Canada. Enjoy a sightseeing tour, including Canada's oldest Chinatown, the bustling Inner Harbour and stately Legislative Buildings. The rest of the afternoon is yours to enjoy at leisure - perhaps you'll want to book an optional whale watching excursion on the Pacific Ocean. (B)

### DAY 4 | VICTORIA TO SUN PEAKS, BRITISH COLUMBIA

Ferry across the Strait of Georgia and continue your scenic journey through British Columbia. Travel along Coquihalla highway, climb to the summit of Coquihalla Pass and cross Thompson Plateau. Continue to Sun Peaks where you'll end a day of scenic travel with dinner. (B) (D)

**Hotel:** Sun Peaks Grand Hotel & Conference Centre

### DAY 5 | THE ALPINE WONDERLAND OF JASPER NATIONAL PARK

Today, your journey takes you along the legendary Yellowhead Highway towards Jasper National Park, a UNESCO World Heritage Site. En route, stop at the Mount Robson Visitor Centre in Mount Robson Provincial Park. Arrive in the wonderland of Jasper National Park with its rugged glaciers, colourful meadows and majestic mountains. After a brief orientation tour through town, explore on your own or book onto an optional Float Trip. (B)

**Hotel:** The Crimson, Jasper National Park

### DAY 6 | EXPLORING JASPER AND THE COLUMBIA ICEFIELD

Enjoy an informative walk on the trails of Maligne Canyon before embarking on a narrated cruise across the serene waters of Maligne Lake (seasonal). Travel along the majestic Icefields Parkway and arrive at the Columbia Icefield for your stay at the Glacier View Lodge, the first and only glacier-view resort in Canada, for an after-hours visit to the

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

Trip code: APNC Z/V



Glacier Skywalk followed by a gourmet dinner with wine. **(B) (D)**  
**Hotel: Glacier View Lodge, Jasper National Park**

**DAY 7 | ICEFIELDS, GLACIERS AND LAKES TO BANFF NATIONAL PARK**

Your Local Expert escorts you to a special before-hours glacier tour where you'll explore Athabasca Glacier in an Ice Explorer. After this morning's icy adventure, continue south to Lake Louise and admire Victoria Glacier. Continue to Banff to dine in town and unwind in your stunning natural surroundings. **(B) (D) (RS)**  
**Hotel: Fairmont Banff Springs, Banff National Park**

**DAY 8 | THE UNSPOILED WILDERNESS OF BANFF NATIONAL PARK**

Today join your Travel Director on a Banff Orientation Tour covering Bow Falls, Surprise Corner and a few other local sights. The rest of the day is yours to spend exploring the rugged charms of the park. Choose from several optional experiences, including a helicopter flight over the magnificent Canadian Rockies or a ride onboard the Banff Gondola scenic cableway. **(B) (RS)**

**DAY 9 | GLACIER NATIONAL PARK**

From craggy plains to mountainous landscapes, cross the U.S. border into Montana and onto your charming hotel situated in the heart of Glacier National Park. **(B)**  
**Hotel: Many Glacier Hotel, Glacier National Park**

**DAY 10 | GOING-TO-THE-SUN AND GLACIER NATIONAL PARK**

Board a private Red Jammer bus to cruise the Going-To-The-Sun Road witnessing stunning views from Logan Pass and the marvels of

the park's wild interior. Over an insightful Legends of Glacier **MAKE TRAVEL MATTER®** Experience, join performing and recording artist Jack Gladstone who will illuminate the history of Glacier National Park through story and song. **(B)**  
**Hotel: Lake McDonald Lodge, Glacier National Park**

**DAY 11 | LAKE COEUR D'ALENE AND SPOKANE**

Continue on to the beautiful shores of Lake Coeur d'Alene, and arrive in Spokane to stay at The Historic Davenport, Washington State's grandest hotel. **(B) (D)**  
**Hotel: The Historic Davenport, Autograph Collection, Spokane.**

**DAY 12 | WONDERFUL WINES EN ROUTE TO SEATTLE**

Wine connoisseurs rejoice. Today, you'll head through the wide, endless horizons of the wine-producing area of Washington State. Visit Friends Garden Restaurant & Wine Bar, a local favourite, where you'll enjoy lunch focusing on fresh, local and artisanal ingredients. **(B) (L)**  
**Hotel: The Charter Hotel, Seattle**

**DAY 13 | THE SOARING SIGHTS OF SEATTLE**

Enjoy Insight Choice in Seattle. Choose to visit the iconic Space Needle. Alternatively, visit the Chihuly Garden and Glass exhibit. In the evening, join your Travel Director and fellow guests for dinner at Ivar's Salmon House on Seattle's waterfront. **(B) (D) (RS)**

**DAY 14 | DEPART SEATTLE**

It's time to say goodbye as your trip comes to an end. Departure to the Seattle SeaTac International Airport will be at leisure. **(B)**

**HIGHLIGHT INCLUSIONS**

*Premium Experiences*

**North Vancouver** | Visit Capilano Suspension Bridge Park.

**Victoria** | Admire floral displays at world-renowned Butchart Gardens.

**Jasper** | Relax on board a narrated cruise across the serene Maligne Lake.

**Icefields Parkway** | Venture out onto the amazing Glacier Skywalk where you will be treated to an after-hours visit onto the cliff-edged glass-floored walkway.

**Athabasca Glacier** | Join your Local Expert on a special before-hours glacier tour to discover the frosty flow before the crowds arrive.

**Icefields Parkway** | Enjoy one of the most scenic drives in North America.

**Glacier National Park** | Board a Private, Historic Red Jammer for a journey along the Going-to-the-Sun Road.

**Seattle** | *Insight Choice* Get an up close look at world-renowned glass artist Dave Chihuly's work, or head to the Space Needle and experience its jaw-dropping panoramic views of the Seattle skyline.

**Lake McDonald** | Meet Jack Gladstone for a **MAKE TRAVEL MATTER®** Experience, an enrolled citizen of the Blackfeet Nation in Western Montana and a well-known performing and recording artist in Montana. Your experience advances UN Global Goal 10: Reduced Inequalities.

**MAKE TRAVEL MATTER® EXPERIENCE**



*Premium Dining*

**Seattle** | Enjoy dinner at the waterfront Ivar's Salmon House.

**Quincy** | Enjoy delicious harvest salads and artisanal flatbreads made with local sourced ingredients paired with wine.

**Icefields Parkway** | Dine at the Glacier View Lodge, where a seasonal menu tempts your tastebuds.

For all inclusions see our page online.



# Landscapes of the Canadian Maritimes

Blend the best of land and sea: watch for bald eagles on the Cabot Trail and see the Prince Edward Island dunes while trying the freshest seafood.

12 DAYS | 1 COUNTRY | 17 MEALS | BALANCED



4.6/5  
★★★★★  
feefo

Guest Review Rating



Trip code: ACME

## DEPARTURE MONTHS

June - October

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/maritimes](https://www.insightvacations.com/maritimes)

### DAY 1 | WELCOME TO HALIFAX

Arrive in Halifax, your quintessential maritime destination. Relax next to the waterfront before savouring dinner accompanied by wine in the company of your fellow travellers. **(D)**

**Hotel: Marriott Harbourfront Hotel, Halifax**

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | SIGHTSEEING AND RELAXATION IN HALIFAX

Join a Local Expert for an informative city exploration, then delve into the region's nautical history at the Maritime Museum of the Atlantic. Enhance your day with three Insight Choice experiences: choose to visit the Halifax Citadel National Historic Site, learn about the collection at the Maud Lewis Gallery, or tour the Canadian Museum of Immigration at Pier 21. **(B) (RS)**

### DAY 3 | HISTORIC LUNENBURG AND PEGGY'S COVE

Journey to the UNESCO World Heritage Site of Lunenburg and meet a Local Expert for a walking tour. Hear tales of the fishing industry's impact on the region before visiting scenic Peggy's Cove. **(B)**

### DAY 4 | CAPE BRETON ISLAND AND BLOOMING BADDECK

At Millbrook Cultural & Heritage Centre, join a MAKE TRAVEL MATTER<sup>®</sup> Experience as interpreters share insights of history and culture. Further your discovery on a guided cruise across Bras d'Or Lake spotting iconic lighthouses, a bird estuary and historic properties. Experience warm hospitality and Cape Breton-style home cooking at your waterfront hotel. Continue your night with traditional music and song at a Ceilidh, a Celtic Evening full of Acadian hospitality and entertainment. **(B) (D)**

**Hotel: Inverary Resort, Baddeck**

### DAY 5 | THE NATURAL BEAUTY OF THE CABOT TRAIL

Immerse yourself in a unique experience at The Gaelic College, devoted to the study and preservation of the Gaelic and Celtic cultures. Enjoy a relaxing drive along the Cabot Trail, one of the world's most scenic routes. Travel past Cape Breton Highlands National Park. **(B) (L)**

### DAY 6 | BADDECK AND CHARLOTTETOWN

Go behind the scenes with a Local Expert at the Alexander Graham Bell National Historic Site. Ferry across the Northumberland Strait to Prince Edward Island and quaint Charlottetown, where you'll spend the next three nights in this nautical gem, dotted with colourful fisherman's cottages and a picturesque harbour. Your hotel, The Delta Prince Edward, is Charlottetown's only waterfront hotel and just steps away from shops and restaurants. **(B)**

**Hotel: Delta Hotels by Marriott Prince Edward, Charlottetown**

**INCLUDED MEALS:** Breakfast **(B)** Lunch **(L)** Dinner **(D)**  
**RELAXED STARTS:** **(RS)**

**HOTELS:** On occasion, hotels of a similar standard and location may be used.





## DAY 7 | PRINCE EDWARD ISLAND SIGHTSEEING

No trip to Prince Edward Island is complete without a visit to Green Gable's Heritage Place including the Green Gables House, the fabled home that provided inspiration for L.M. Montgomery's children's classic, 'Anne of Green Gables'. With your Local Expert, discover the cliffs, dunes and Covehead lighthouse of Prince Edward Island National Park before heading on to Cavendish. **(B) (RS)**

## DAY 8 | FLAVOURS OF CHARLOTTETOWN

Head for the quaint seaside fishing village of Georgetown in eastern Prince Edward Island. Enjoy a delicious lunch of island blue mussel cooked fresh by local fishermen. Meet one of the local fishermen who will regale you with tales of life at sea and teach you all about the area's lobster and mussel industry. Enjoy a wine tasting and tour a lighthouse to end your day. **(B) (L) (RS)**

## DAY 9 | THE TIDES OF HOPEWELL ROCKS

A highlight awaits this morning as you cross the engineering feat of the Confederation Bridge. At Hopewell Rocks, a Local Expert introduces you to the Bay of Fundy. Then get up close and personal with the marine life of Northumberland Strait at the Homarus Centre. Conclude the day over a traditional Acadian lobster boil and cocktail class. **(B) (D)**

**Hotel: Crowne Plaza Downtown, Moncton**

## DAY 10 | LIVELY MONCTON TO DIGBY

Embark on a coastal drive on the Fundy Trail Parkway, nestling you between the greens of the forest and the blues of the coast with stunning views. Take to the water crossing the Bay of Fundy from St. John to Digby by ferry (seasonal), keeping an eye for whales and other marine life. Arrive at your hotel overlooking the Bay of Fundy. **(B)**

**Hotel: Digby Pines Golf Resort and Spa**

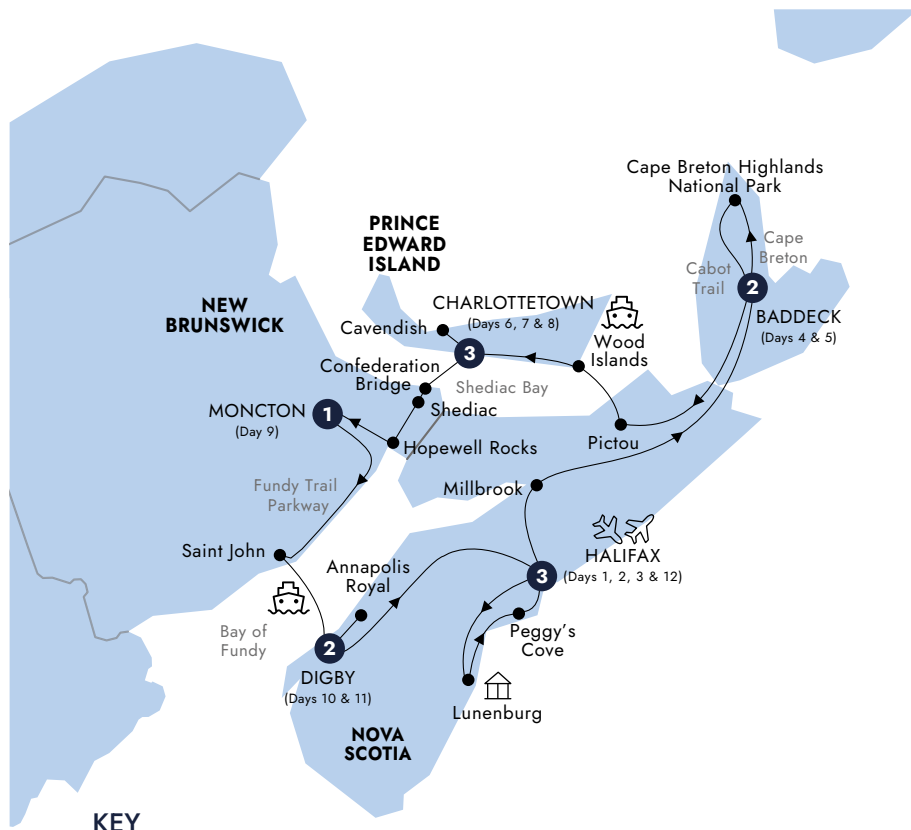
## DAY 11 | DELIGHTFUL DIGBY AND ANNAPOLIS ROYAL

Continue your exploration of the Bay of Fundy on an optional, seasonal whale watching cruise. Next in the historic town of Annapolis Royal, join a Local Expert and costumed interpreter for a stroll in the National Historic District. In the evening, celebrate the region's maritime heritage with a scallop dinner. **(B) (D) (RS)**

## DAY 12 | FAREWELL HALIFAX

It's time to wave goodbye to Halifax and your fellow travellers. A complimentary airport transfer will be made at Halifax International Airport followed by a stop at the Marriott Harbourfront Halifax for guests wishing to extend their stay. **(B)**

**TRANSFER:** Arrive at the airport at 12:00.



### KEY

- Join/Leave Options
- UNESCO Heritage Site
- Hotels and Nights
- Place Visited
- Cruise

## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Halifax | Insight Choice** Visit Halifax's historic citadel, *or* visit the home and gallery of Maud Kathleen Lewis, *or* get up close and personal with the Canadian Immigration story.

**Baddeck |** Take in unparalleled views aboard the Winstar Catamaran.

**Baddeck |** Become part of the story as you explore the Celtic Heart of North America with an authentic Ceilidh night of Acadian hospitality and entertainment. You'll be tapping your toes to the fiddle and bagpipe's Celtic music.

**Cape Breton Island |** Experience the spectacular sites along the Cabot Trail.

**Prince Edward Island |** Discover the islands highlights including a visit to Green Gable's Heritage Place.

**Hopewell Cape |** Learn about the highest tides in the world from your Local Expert.

**Millbrook Cultural & Heritage Centre |** Enrich your journey exploring the history and culture of the Mi'kmaq people at the Millbrook Cultural & Heritage Centre. Your experience advances UN Global Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

**MAKE TRAVEL MATTER® EXPERIENCE**



### Premium Dining

**Digby |** Enjoy the region's famous scallops over a traditional Acadian dinner.

**Moncton |** Experience a true taste of the maritimes with an Acadian lobster boil and cocktail class.

**Charlottetown |** Learn about the local seafood from a Maritime fisher before feasting on a delicious lunch.

For all inclusions see tour page online.

# Eastern Canada Discovery

Stroll multi-cultural Toronto, explore the grand mansions of Montreal and experience the might and majesty of Niagara Falls.

8 DAYS | 1 COUNTRY | 11 MEALS | DYNAMIC



Be the first to  
rate this new trip.

feefo

Guest Review Rating



## DEPARTURE MONTHS

April - October

For dates, prices and to choose your group size call your  
Travel Advisor or see [insightvacations.com/easterncanada](https://www.insightvacations.com/easterncanada)

Trip code: ABECQ

### DAY 1 | THRILLING TORONTO

Welcome to Toronto, a vibrant city on Lake Ontario known for its food and wine scene and eclectic restaurants. After settling in, feel free to explore the town. Later, savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

**Hotel:** Hilton, Toronto

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | TORONTO AND THE THUNDERING FALLS OF NIAGARA

See Toronto's top sights including Queen's Park before venturing on the quaint town of Niagara-on-the-Lake, a 19<sup>th</sup> century village that offers gorgeous views of Lake Ontario. See the flowers and old-world architecture of the city before heading to the spectacular Niagara Falls. Experience the thrill of the falls on a state of the art eco-catamaran. Feel the mighty power, thundering water and mesmerising mist on this memorable boat ride to the base of the falls. Opt to soar above Niagara's landscapes on an helicopter flight. Later, return to Toronto for an afternoon at leisure or choose to visit the top of the iconic CN Tower which defines the Toronto Skyline. **(B)**

### DAY 3 | KINGSTON AND OTTAWA

Journey to historic Kingston to view storied buildings, churches and fortifications, many of which being constructed from limestone itself. Continue to the Capital city of Ottawa. At a local farm owned by Just Food, a nonprofit organisation dedicated to fostering sustainable food and farming practices, you'll not only enjoy a captivating cooking demonstration but also learn valuable culinary skills. **(B) (D)**

**Hotel:** Novotel Hotel, Ottawa

### DAY 4 | CANADA'S CAPITAL TO MONTREAL

Spend the morning exploring Ottawa on a tour of the city, including a stop at Byward Market, one of the most historic and visited public markets in Canada. Those visiting in the summer will find the streets surrounding Market Hall filled with music and local vendors selling food and handmade accessories. Later, learn about diversity of Indigenous cultures across Canada through music, dance and song including a lively and passionate Pow Wow at your MAKE TRAVEL MATTER<sup>®</sup> Experience at Mādahōki Farm. Continue to the diverse metropolis of Montreal, which is in the French-speaking province of Quebec. **(B)**

**Hotel:** Marriott Chateau  
Champlain, Montreal

### DAY 5 | MONTREAL, THE ROYAL MOUNTAIN

Join a Local Expert who will guide you around Old Montreal. The narrow cobblestone streets draw you in with their lively little plazas, shops and cafes. From the grand mansions of Mount

**INCLUDED MEALS:** Breakfast **(B)** Lunch **(L)** Dinner **(D)**  
**RELAXED STARTS:** **(RS)**

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

Royal to the iconic old port, Old Montreal is a historic neighbourhood that is now a major hot spot with beautiful architecture, vibrant street art and plenty of opportunities for photo-ops. Next, visit the Notre-Dame Basilica and discover the history of the first neo-gothic church in Canada and marvel at its breathtaking architecture and stained-glass windows. The rest of the day is free to enjoy as you please. **(B)**



*As the governor general's official residence, Rideau Hall's grounds feature art, gardens, and trees planted by global dignitaries, each with its own plaque. Even the Royal Family has a dedicated section.*

**ROGER, TRAVEL DIRECTOR**

#### DAY 6 | CURATE YOUR DAY AT MONTMORENCY FALLS PARK OR COPPER ART STUDIO

Depart Montreal and head to Quebec City today. Immerse yourself in an authentic Canadian culinary adventure as you indulge in the sweet delights of maple syrup, harvested

and crafted on-site at a local sugar shack. Savour traditional maple-infused dishes and experience the warm hospitality that has put Canada on the map. After lunch, curate your afternoon with Insight Choice. At Montmorency Falls Park, experience the natural wonder that towers 272 feet (84 m) tall over the Saint Lawrence River. Or, visit Copper Art Studio for a guided tour and demonstration before trying it yourself. Learn how – beginning with a Jewelry box decorated with tin and embossed copper panels – the repoussé technique has been passed down in the Gilles family for over 90 years. **(B) (L) (RS)**

**Hotel: Hilton, Quebec**

#### DAY 7 | QUINTESSENTIAL QUEBEC

Discover more of Quebec City's history and charm with a Local Expert. You'll see the Latin Quarter, Plains of Abraham, City Hall and Palace Royale, while learning about the city's history as one of the oldest European settlements in North America. No visit to Old Quebec would be complete without seeing the grand hotel Château Frontenac, designated a National Historic Site of Canada and UNESCO World Heritage Site. In the evening enjoy your dinner in historic old Quebec. **(B) (D)**

#### DAY 8 | DEPART QUEBEC CITY

Bid adieu to Quebec City and your fellow travellers as your tour comes to an end. Departure will be at your leisure. **(B)**



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Niagara Falls** | Experience the awesome power and thundering water from a state of the art eco-catamaran.

**Montreal** | City Tour with Local Expert.

**Montreal** | Discover the first neo-gothic church of Canada, Basilique Notre-Dame.

**Quebec City** | *Insight Choice* Experience the natural wonders that tower 272 feet (82m) tall over the Saint Lawrence River, or visit Copper Art Studio for a guided tour.

**Quebec City** | Take an in-depth look during a City Tour with Local Expert.

**Ottawa** | Visit Mādahòki Farm and learn about diversity of Indigenous cultures across Canada and how dance has helped revive the traditional arts. Your experience advances UN Global Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

**MAKE TRAVEL MATTER® EXPERIENCE**



### Premium Dining

**Quebec City** | Savour the evening as you enjoy a seasonal menu consisting of locally sourced ingredients.

**Trois-Rivieres** | Enjoy a traditional Sugar shack lunch including traditional staples like maple taffy on snow

**Ottawa** | Join a cooking demonstration at Just Food Community Farm, nestled within Ottawa's lush 150-acre Greenbelt. Discover the meaning of forest to table as your chef prepares your meal using local foraged ingredients. After learning new skills to take home, savour a 3 course feast, paired with wine.

**Toronto** | Delve into Canadian specialities during dinner in the nation's largest city.

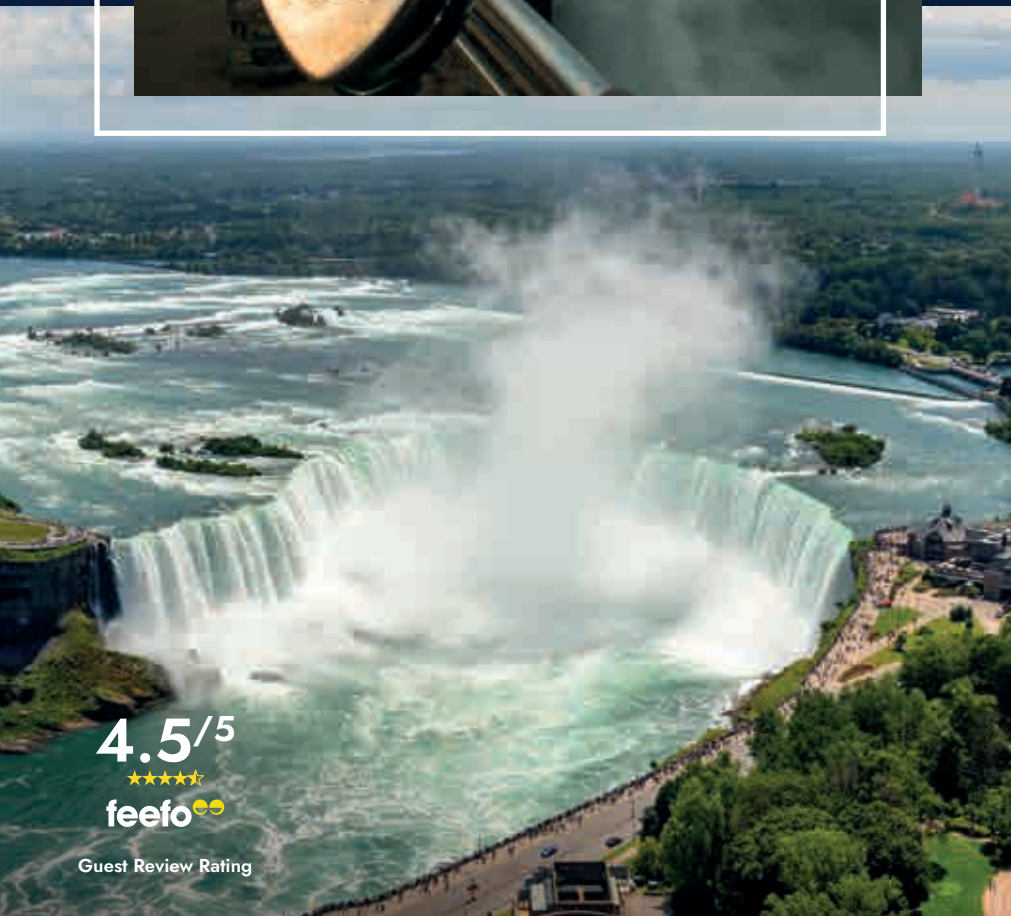
For all inclusions see tour page online.



# Best of Eastern Canada & USA

Stroll downtown Toronto, walk Boston's Freedom Trail and visit museums and monuments in the USA's capital. Feast on forest-to-table flavours, explore Canada's First Nations stories and sample the sweet taste of maple.

16 DAYS | 2 COUNTRIES | 22 MEALS | BALANCED



4.5/5



feefo

Guest Review Rating



Trip code: ABEC

## DEPARTURE MONTHS

April - October

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/canadausa](https://www.insightvacations.com/canadausa)

### DAY 1 | THRILLING TORONTO

Welcome to Toronto, a vibrant city on Lake Ontario known for its food and wine scene and eclectic restaurants. After settling in, feel free to explore the town. Later, savour dinner accompanied by wine in the company of your fellow travellers. (D)

Hotel: Hilton, Toronto

WELCOME: Meet your Travel Director at 18:00.

### DAY 2 | TORONTO AND THE THUNDERING FALLS OF NIAGARA

See Toronto's top sights including Queen's Park before venturing on the quaint town of Niagara-on-the-Lake. Experience the thrill of Niagara Falls on a state-of-the-art eco-catamaran. Opt to soar above Niagara's landscapes on an helicopter flight. Later, return to Toronto for an afternoon at leisure or choose to visit the top of the iconic CN Tower. (B)

### DAY 3 | KINGSTON AND OTTAWA

Journey to historic Kingston to view storied buildings, churches and fortifications, many of which being constructed from limestone itself. Continue to the Capital city of Ottawa. At a local farm owned by Just Food, a nonprofit organisation dedicated to fostering sustainable food and farming practices, you'll not only enjoy a captivating cooking demonstration but also learn valuable culinary skills. (B) (D)

Hotel: Novotel Hotel, Ottawa

### DAY 4 | CANADA'S CAPITAL TO MONTREAL

Spend the morning exploring Ottawa on a tour of the city. Later, learn about the diversity of Indigenous cultures across Canada through music, dance and song including a lively and passionate Pow Wow at your MAKE TRAVEL MATTER® Experience at Mādahòki Farm. Continue to Montreal in the French-speaking province of Quebec. (B)

Hotel: Marriott Chateau Champlain, Montreal

### DAY 5 | MONTREAL, THE ROYAL MOUNTAIN

Join a Local Expert who will guide you around Old Montreal. Next, visit the Notre-Dame Basilica and discover the history of the first neo-gothic church in Canada and marvel at its breathtaking architecture and stained-glass windows. The rest of the day is free to enjoy as you please. (B)

### DAY 6 | CURATE YOUR DAY AT MONTMORENCY FALLS PARK OR COPPER ART STUDIO

Depart Montreal and immerse yourself in Canadian culinary adventures as you indulge in the sweet delights of maple syrup, harvested and crafted right on-site. After lunch, join an Insight Choice experience to Montmorency Falls Park or visit Copper Art Studio for a guided tour and demonstration. (B) (L) (RS)

Hotel: Hilton, Quebec

### DAY 7 | QUINTESSENTIAL QUEBEC

Discover more of Quebec City's history and charm with a Local Expert. You'll see the

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)  
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

Latin Quarter, Plains of Abraham, City Hall and Palace Royale, while learning about the city's history. No visit to Old Quebec would be complete without seeing the grand hotel Château Frontenac. In the evening enjoy dinner in historic old Quebec. **(B) (D)**

#### DAY 8 | QUEBEC TO BAR HARBOR

Bid "Au Revoir" to Quebec as you cross the U.S. border and travel toward Mount Desert Island on the Atlantic Coast. **(B) (D)**

**Hotel: Harborside Hotel Spa & Marina, Bar Harbor**

#### DAY 9 | EXPLORE ACADIA NATIONAL PARK

Take in the natural beauty of Acadia National Park, with its dramatic rocky shoreline. This evening, meet a local Wabanaki storyteller for a MAKE TRAVEL MATTER® Experience. **(B)**

#### DAY 10 | COASTAL NEW ENGLAND TO BOSTON

Follow the rocky Maine shoreline, and stop in picturesque Kennebunkport. **(B)**

**Hotel: Hyatt Regency, Boston**

#### DAY 11 | BOSTON, THE CRADLE OF LIBERTY

Join your Travel Director as they guide you along the Freedom Trail, a route that leads you to several historically significant sites, including the Old State House and the meeting house where the Boston Tea Party of 1773 was planned. **(B)**

#### DAY 12 | A BITE OF THE BIG APPLE

Follow the bright lights to New York City. Explore New York City with Insight Choice. Choose to visit Summit One Vanderbilt with stunning views of the New York skyline, or join a Midtown architecture walking tour. **(B)**

**Hotel: The Knickerbocker, New York**

#### DAY 13 | A MANHATTAN MASTERPIECE

Explore the 'City that Never Sleeps' with your Local Expert. This evening, head to Essex Market to meet and hear stories from local vendors while tasting their food specialities. **(B) (D) (RS)**

#### DAY 14 | LIBERTY IN PHILADELPHIA AND D.C.

Travel to Pennsylvania's largest city, Philadelphia. Explore Independence National Historic Park and visit the Liberty Bell. Journey to Washington, D.C., the nation's capital. The rest of the day is at your leisure. Perhaps join an optional nighttime illuminations tour to see the capital's sights in a new light. **(B) (RS)**

**Hotel: Melrose Georgetown Hotel, Washington, D.C.**

#### DAY 15 | WASHINGTON, D.C. SIGHTSEEING AND LEISURE TIME

Immerse yourself on a sightseeing tour and view the White House, the striking Washington Monument, sprawling National Mall, the Lincoln Memorial and the World War II Memorial. Next, join a MAKE TRAVEL MATTER® Experience by visiting the National Museum of African American History and Culture, the newest member of the Smithsonian Institution and the only national museum devoted exclusively to the documentation of African American life, history, and culture. The rest of the day is at leisure. Join your Travel Director and fellow guests for dinner and toast to new friends and fantastic memories. **(B) (D)**

#### DAY 16 | DEPART WASHINGTON, D.C.

Depart at your leisure to Dulles International Airport or Reagan National Airport for your flight home. Alternatively, extend your stay to depart at your leisure. **(B)**

## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Montreal** | Discover the first neo-gothic church of Canada, Basilique Notre-Dame.

**Quebec City** | *Insight Choice* experience the natural wonders that tower 272 feet (82m) tall over the Saint Lawrence River, or visit Copper Art Studio for a guided tour.

**Acadia National Park** | Travel to the summit of Cadillac Mountain for a 360-degree view.

**New York City** | *Insight Choice* Visit Summit One Vanderbilt for amazing views of the NYC skyline, or embark on a captivating 2.5 hour architectural walking tour.

**New York City** | Hear the stories of local vendors and taste specialities from around the world at Essex Market, a local cornerstone for over 100 years.

**Washington, D.C.** | Delve into American history on a guided city tour of the U.S. capital.

**Ottawa** | Visit Mādahōki Farm and learn about diversity of Indigenous cultures across Canada and how dance has helped revive the traditional arts. Your experience advances UN Global Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

**Bar Harbor** | Hear fascinating stories of the Wabanaki people's homeland shared through Indigenous oral traditions and music. Your experience advances UN Global Goals 11: Sustainable Cities and Communities.

MAKE TRAVEL MATTER® EXPERIENCE



### Premium Dining

**Washington** | A stone's throw away from the White House, dine at a restaurant where locals and politicians have mingled since 2010.

**Bar Harbor** | Enjoy an authentic Maine Lobster dinner.

**Trois-Rivieres** | Enjoy a traditional Sugar shack lunch including traditional staples like maple taffy on snow

**Ottawa** | Join a cooking demonstration at Just Food Community Farm, nestled within Ottawa's lush 150-acre Greenbelt. After learning new skills to take home, savour a three-course feast paired with wine.

For all inclusions see tour page online.



# New England's Fall Foliage

Follow Boston's Freedom Trail, visit a maple syrup farm in Montpelier and admire the bronzing leaves of Vermont's trees.

8 DAYS | 1 COUNTRY | 11 MEALS | BALANCED



4.5/5  
★★★★★  
feefo

Guest Review Rating



Trip code: AENE

## DEPARTURE MONTHS

September - October

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/fallfoliage](https://www.insightvacations.com/fallfoliage)

### DAY 1 | WELCOME TO BOSTON

Affectionately known as Beantown, this revolutionary city is one of the oldest in the United States. After settling in, perhaps take a stroll to Downtown Crossing or historic Faneuil Hall. For those looking to shop, Quincy Market offers big brands and local products, set indoors and surrounding the columns of a regal 19<sup>th</sup>-century building. Savour dinner accompanied by wine in the company of your fellow travellers. (D)

**Hotel: Hyatt Regency, Boston**

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | BEANTOWN TO SARATOGA SPRINGS

Today you'll discover some of Boston's most famous sights as you delve into the city's transformative past. You'll follow part of the red-brick Freedom Trail that brings the story of the American Revolution to life. See Bunker Hill Monument, Boston Common, Boston Public Garden, Trinity Church and Copley Square. This afternoon, explore Stockbridge with an Insight Choice. Choose to visit the Norman Rockwell Museum, home to the largest and most significant collection of original Rockwell art. Alternatively, choose to take a guided tour of Chesterwood, the former summer home and studio of renowned 20<sup>th</sup>-century sculptor Daniel Chester French, famous for his work on the Lincoln Memorial. Travel on through the rolling hills of the Berkshires and onto your upstate New York hotel, situated within the Saratoga Spa State Park. (B)

**Hotel: The Gideon Putnam, Saratoga Springs**

### DAY 3 | THE LEGENDS OF THE FALL AND STOWE

Journey through the bronze fall foliage of Vermont. Visit the Vermont Country Store for a unique shopping experience - you'll step back into history with their nostalgic assortment of products. Explore the Rockefeller's renowned Billings Farm and Museum, a captivating working dairy and farm life museum, followed by a stop in the quintessential Vermont village of Woodstock with its picturesque, covered bridge. Enjoy lunch at Bread & Butter Farm, hosted by Wholesome Foods Kitchen, where you learn all about regenerative agriculture and organic farming. End your day in the northern Vermont town of Stowe, home to the breathtaking alpine setting that attracted the real Von Trapp family of "The Sound of Music" fame in the late 1940s. Make the most of your mountain resort with a short hike into the woods before you unwind at the onsite restaurant and bar at your leisure. (B) (L)

**Hotel: Trapp Family Lodge, Stowe**

### DAY 4 | A TASTE OF VERMONT

Enjoy Vermont's beautiful scenery ablaze with fall's golden red colours. Visit Lake Champlain

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

Chocolates for chocolate and local ice cream tasting. Like their chocolates, the ice cream is crafted with only the best local ingredients, including fresh cream, maple syrup and honey. Next, you'll travel to Morse Farm Maple Sugarworks, where maple syrup is "tapped" from the trees. Taste a Vermont tradition, the unusually named 'sugar on snow', a combination of maple syrup and packed snow. This tasty treat is traditionally served with a doughnut and pickle. Return to the enchanting town of Stowe for an afternoon at leisure. This evening, enjoy Austrian-style lagers during a dinner at Von Trapp Brewing's Bierhall. **(B) (D) (RS)**

#### DAY 5 | NORTH CONWAY AND THE WHITE MOUNTAINS

Move on to Vermont's picturesque capital, Montpelier. Journey to New Hampshire's White Mountains and enter striking Franconia Notch. Take a scenic ride on the Gondola SkyRide at Loon Mountain Resort. On a clear day, you'll have superb panoramic views of New Hampshire, Maine, Vermont, New York and Canada. Later, journey through the dazzling crimson and orange hues of the famed Kancamagus Scenic Byway to North Conway. This spectacular section of Route 112 is unspoiled by industry and boasts 34.5 miles of untouched natural beauty. **(B) (RS)**

**Hotel: White Mountain Hotel and Resort, North Conway**

#### DAY 6 | SIGHTSEEING IN THE WHITE MOUNTAINS

This morning's MAKE TRAVEL MATTER® Experience with naturalist guide Chris Lewey provides an up-close and personal insight into

New England's wildlife and ecology. Then, more spectacular fall foliage awaits as you journey through Crawford Notch, an arresting pass through the White Mountains. Stop for pictures at the Silver Cascade Waterfall and Bretton Woods, which offers stunning views of Mount Washington, the tallest peak in the northeast at 6,288 feet (1,917 metres). Your Travel Director will guide you on a scenic hike to Diana's Baths, which features a series of small cascading waterfalls. Return to your hotel where you can enjoy an evening at leisure. **(B)**

#### DAY 7 | THE RUGGED MAINE COAST

Cross from New Hampshire into Maine this morning as you travel along the jagged coastline. Head to Fort Williams Park which is home to the iconic Portland Head Lighthouse that has been in operation since 1791. Then spend the rest of your afternoon at leisure. In the evening, enjoy a delicious dinner featuring Maine lobster with your fellow travellers. **(B) (D) (RS)**

**Hotel: Westin Portland Harborview, Portland**

#### DAY 8 | BACK TO BOSTON

Known for its sandy beaches, Kennebunkport is a year-round coastal destination that houses the rich and famous, even serving as the summer retreat of former President George H.W. Bush. Travel along Ocean Drive with more stunning views of the Maine coastline, before driving back to Boston. Guests departing Boston will arrive at Boston Logan International Airport. Those extending their stay will return to the Hyatt Regency Boston hotel. **(B)**

**TRANSFER:** Arrive at the airport at 12:30.



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Boston** | Unlock the secrets of the American Revolution during a tour of Boston's Historic Freedom Trail.

**Stockbridge** | *Insight Choice* Take a self-guided visit to the Norman Rockwell Museum and grounds, which houses the largest collection of original Rockwell art pieces, or enjoy a self-guided tour of Chesterwood, the former summer home and studio of 20<sup>th</sup>-century sculptor, Daniel Chester French, best known for his work on the Lincoln Memorial in Washington D.C.

**Woodstock** | Explore the Rockefeller's renowned Billings Farm and Museum in Woodstock.

**Montpelier** | Taste maple taffy at Morse Farm Maple Sugarworks.

**Franconia Notch State Park** | Take a scenic ride on the Gondola SkyRide (weather permitting).

**Kancamagus Highway** | Enjoy a scenic drive along the Kancamagus Scenic Byway.

**North Conway** | Learn about regional flora and fauna with a Local Expert during an ecological look at autumn in New England. Your experience advances UN Global Goal 15: Life on Land.

**MAKE TRAVEL MATTER® EXPERIENCE**



### Premium Dining

**Boston** | Begin your tour savouring local flavours over dinner at your hotel.

**Portland** | Enjoy an authentic Maine lobster dinner.

**Stowe** | Enjoy Austrian-style lagers during your dinner at Von Trapp Brewing's Bierhall.

**Shelburne** | Indulge in a Farm-to-Table lunch and meet chef Tessa Holmes for an in-depth look at regenerative farming and food production.

For all inclusions see tour page online.



# Best of East Coast USA

Enjoy the charm of Acadia National Park, meet Indigenous storytellers and explore historically rich Boston. Reach new heights in New York City and explore the history and highlights of the nation's capital.

9 DAYS | 1 COUNTRY | 11 MEALS | DYNAMIC



Be the first to  
rate this new trip.  
**feefo**  
Guest Review Rating



Trip code: ABECW

## DEPARTURE MONTHS

May - October

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/best-of-ec](https://www.insightvacations.com/best-of-ec)

### DAY 1 | ARRIVE IN BAR HARBOR

Welcome to Bar Harbour, a vibrant historic city on Maine's scenic Atlantic Coast. The evening is reserved for a delectable dinner with your fellow travellers, as you feast on authentic Maine lobster, a local speciality and one that won't disappoint. **(D)**

**Hotel:** Harborside Hotel Spa & Marina, Bar Harbor

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | EXPLORE ACADIA NATIONAL PARK

Take in the natural beauty of Acadia National Park, with its dramatic rocky shoreline and rugged nautical charm. You'll witness amazing views of the park from the top of Cadillac Mountain, while guests wanting to explore on foot can join their Travel Director to view well-known spots such as Thunder Hole. You'll have time to explore Bar Harbor at your leisure. This afternoon, visit the Bar Harbor Historical Society's charming waterfront building to meet a local Wabanaki storyteller for a MAKE TRAVEL MATTER® Experience of Indigenous traditional music. **(B)**

### DAY 3 | COASTAL NEW ENGLAND TO BOSTON

Follow the rocky Maine shoreline, stopping in picturesque Kennebunkport, a glitzy New England resort town and the iconic home of the Bush family. The town has a number of fine, well-preserved mansions, many of which have been turned into charming inns. **(B)**

**Hotel:** Hyatt Regency, Boston

### DAY 4 | BOSTON, THE CRADLE OF LIBERTY

Famous for its American Revolutionary war history, Boston is a place for keen history buffs. Join your Travel Director as they guide you along the Freedom Trail, a route that leads you to several historically significant sites, including the Old State House and the meeting house where the Boston Tea Party of 1773 was planned. Later, perhaps take a stroll to Downtown Crossing or historic Faneuil Hall. For food lovers in search of the city's best street eats, head to Boston's North End. Due to its large Italian community, this part of town houses some of the best Italian bakeries in the city. **(B)**

### DAY 5 | A BITE OF THE BIG APPLE

Follow the bright lights to New York City. Choose to visit one of the city's newest attractions, Summit One Vanderbilt, or explore Midtown's fascinating architecture on foot with a Local Expert. This evening, your hotel is in the heart of Time Square and a short walk from iconic attractions like the Rockefeller Center, Bryant Park and Broadway Theatre. **(B)**

**Hotel:** The Knickerbocker, New York

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.





## DAY 6 | A MANHATTAN MASTERPIECE

Explore the City that Never Sleeps with your Local Expert before heading out on your own. If it's tranquillity you're after, relish in the calm of Central Park, an expansive space designed by renowned landscape architect Frederick Law Olmsted. Later, visit Essex Lower East Side Neighbourhood Market for a food tour and demonstration. Your Local Expert will also explain the market's role in providing quality food to local communities and creating opportunities for food entrepreneurs to launch and grow new businesses. **(B) (D) (RS)**



*You'll join us to savour some of the 100 million pounds of lobster that comes from Maine every year! Cap off your lobster dinner with blueberry pie, of which Maine produces a staggering 99% of the nation's crop.*

**TODD, TRAVEL DIRECTOR**

## DAY 7 | LIBERTY IN PHILADELPHIA AND D.C.

Travel to Pennsylvania's largest city, Philadelphia, where the Liberty Bell first chimed and

Thomas Jefferson wrote the Declaration of Independence. Explore Independence National Historic Park and visit the Liberty Bell with your Travel Director. Journey to Washington, D.C., the nation's capital. Enjoy the afternoon at leisure, and perhaps join an optional Illuminations Tour in the evening to see the capital's sights in a new light. **(B) (RS)**

**Hotel: Melrose Georgetown Hotel, Washington, D.C.**

## DAY 8 | WASHINGTON, D.C. SIGHTSEEING AND LEISURE TIME

Immerse yourself on a sightseeing tour and view the White House, the striking Washington Monument, the sprawling National Mall, the Lincoln Memorial and the World War II Memorial. Next, join a MAKE TRAVEL MATTER® Experience visiting the National Museum of African American History and Culture, the newest member of the Smithsonian Institution and the only national museum devoted exclusively to the documentation of African American life, history, and culture. The rest of the day is at leisure. Join your Travel Director and fellow guests for dinner and toast to new friends and fantastic memories. **(B) (D)**

## DAY 9 | DEPART WASHINGTON, D.C.

Depart at your leisure to Dulles International Airport or Reagan National Airport for your flight home. Alternatively, extend your stay in the nation's capital. **(B)**

## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Acadia National Park** | Travel to the summit of Cadillac Mountain for a 360-degree view.

**Boston** | Unlock the secrets of the American Revolution during a tour of Boston's Historic Freedom Trail.

**New York City** | *Insight Choice* Visit Summit One Vanderbilt for amazing views of the NYC skyline, or embark on a captivating Midtown architecture walking tour.

**New York City** | Explore the Big Apple with a Local Expert.

**New York City** | Hear the stories of local vendors and taste specialities from around the world at Essex Market, a local cornerstone for over 100 years.

**Washington, D.C.** | Delve into American history on a guided city tour of the U.S. capital.

**Bar Harbor** | Hear fascinating stories of the Wabanaki people's homeland shared through Indigenous traditions and music. Your experience advances UN Global Goal 11: Sustainable Cities and Communities.

**Washington, D.C.** | Visit the only National Museum devoted exclusively to the documentation of African American life, history and culture. Your experience advances UN Global Goal 4: Quality Education.

**MAKE TRAVEL MATTER® EXPERIENCE**



### Premium Dining

**Bar Harbor** | Enjoy an authentic Maine Lobster dinner.

**Washington, D.C.** | A stone's throw away from the White House, dine at a restaurant where locals and politicians have mingled since 2010.

For all inclusions see tour page online.



# Spectacular National Parks of Eastern USA

Revel in the landscapes of the Great Smoky Mountains and Shenandoah National Parks. Sip wine, tour the Biltmore Estate and toe tap your way through Nashville.

10 DAYS | 1 COUNTRY | 15 MEALS | DYNAMIC



Be the first to rate this new trip.  
**feefo**  
Guest Review Rating



Trip code: AENP

## DEPARTURE MONTHS

May - June + September - October

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/nationalparks](https://www.insightvacations.com/nationalparks)

### DAY 1 | A MONUMENTAL TIME IN WASHINGTON, D.C.

Welcome to Washington, D.C., the nation's capital and a haven for history and art buffs alike. Savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

**Hotel: Melrose Georgetown Hotel, Washington, D.C.**

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | WASHINGTON, D.C. TO SHENANDOAH NATIONAL PARK

This morning, immerse yourself on a tour of Washington D.C. View iconic sights and national monuments, including the White House, Washington Monument, the National Mall and Lincoln Memorial. Visit the National Museum of African American History and Culture on a MAKE TRAVEL MATTER® Experience. As the newest member of the Smithsonian Institution, this is the only national museum devoted exclusively to the documentation of African American life, history, and culture. Leave the city sights behind in the afternoon and travel along Skyline Drive, the main scenic drive into Shenandoah National Park. Enjoy spectacular views across the colourful vistas of the park before arriving at your hotel, the historic Skyland Lodge. The evening is yours to relax and bask in breathtaking views of Shenandoah Valley. **(B)**

**Hotel: Skyland Lodge, Shenandoah National Park**

### DAY 3 | SHENANDOAH NATIONAL PARK

Start your day immersed in nature's beauty with a gentle hike along the Stony Man Trail. The trail is part of the iconic Appalachian Trail and offers some of the best vistas in Shenandoah National Park, so have your camera ready. Visit the acclaimed Veritas Vineyards and Winery for a wine tasting and farmhouse lunch. Taste signature wines and relax on the sundeck while enjoying spectacular views over the Blue Ridge Mountains. Later, travel on to the New River Gorge National Park and your resort hotel, where the evening is yours at leisure. **(B) (L)**

**Hotel: The Resort at Glade Springs, Daniels**

### DAY 4 | EXPLORING NEW RIVER GORGE NATIONAL PARK

Today explore New River Gorge National Park, the newest park in the America's National Park System, encompassing over 70,000 acres of land. Visit the Canyon Rim Visitor Centre to learn all about the history and flora and fauna of the park. Then stroll along a picturesque boardwalk trail to enjoy magnificent views of the New River Gorge Bridge. The rest of the day is yours to enjoy the park and hotel amenities at your leisure. Guests can also choose to take an optional guided Bridge Walk to learn the history of the longest single arch bridge in the Western Hemisphere. **(B)**

**INCLUDED MEALS:** Breakfast **(B)** Lunch **(L)** Dinner **(D)**  
**RELAXED STARTS:** **(RS)**

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

**DAY 5 | A FEAST OF MUSIC AND FOOD IN ASHEVILLE N.C.**

Depart for Asheville. Unleash your inner musician with a tour of Asheville's famous Citizen Vinyl Record press factory and studio. Later, taste the delights of the city on a walking food tour. Sit at some of the most acclaimed local establishments to sample an array of flavours, cuisines and local produce. **(B) (D)**  
**Hotel: Hilton Asheville Biltmore Park, Asheville**

**DAY 6 | THE BILTMORE ESTATE**

Enjoy a relaxed start before visiting the magnificent Biltmore Estate, America's largest privately owned home. Tour the remarkable house and explore the lush gardens and arboretum. The afternoon is yours at leisure to explore Asheville. Join an optional experience of the River Arts District Tour. **(B) (RS)**

**DAY 7 | GREAT SMOKY MOUNTAINS NATIONAL PARK**

Depart for the Great Smoky Mountains via the Blue Ridge Parkway, one of the most beautiful drives in America. On the way, visit the Oconaluftee Indian Village, a MAKE TRAVEL MATTER® Experience. You'll join a cultural expert for an interactive journey through Cherokee lifestyle and history. On arrival in the Great Smoky Mountains National Park, discover the importance of agriculture to the park's ecosystem with a visit to the Mountain Farm Museum. Savour a delicious and picturesque picnic lunch before continuing to your hotel. Enjoy magnificent views with stops along the way, including Newfound Gap, dramatically straddling the Stateline of North Carolina and Tennessee. **(B) (L)**

**Hotel: The Park Vista: A DoubleTree by Hilton Hotel, Gatlinburg**

**DAY 8 | THE MUSEUM OF APPALACHIA AND ON TO NASHVILLE**

Step back in time with a visit to the Museum of Appalachia. Roam the original buildings of this living mountain village and learn about the people of Appalachia. Feast on a full Southern Appalachian country lunch and enjoy authentic traditional bluegrass music from The Museum of Appalachia Band. Then journey on to Nashville and get acquainted with Music City on an orientation tour. Visit the picturesque Riverfront Park, Tennessee State Capitol and the 132-acre Centennial State Park, where you'll encounter an exact replica of the Parthenon. Pass by the city's lively honky-tonks and street performers on Broadway, as you make your way to the Ryman Auditorium, former original home of the Grand Ole Opry. **(B) (L) (RS)**

**Hotel: Hotel Fraye, Nashville**

**DAY 9 | WELCOME TO MUSIC CITY**

This morning, explore Nashville with Insight Choice. Choose to visit the National Museum of African American Music for a MAKE TRAVEL MATTER® Experience celebrating the central role African Americans play in creating the American soundtrack. Alternatively, visit Mammoth Cave National Park and explore its intricate cave system with a park Ranger. Learn about the thousands of years of human history and biodiversity that earned the park a title of UNESCO World Heritage Site and International Biosphere Reserve. Tonight, toast your travels at dinner and enjoy timeless southern hospitality at a local restaurant. **(B) (D)**

**DAY 10 | DEPART NASHVILLE**

This morning, bid farewell to Nashville after your leisure, or extend your stay in Music City. **(B)**

**HIGHLIGHT INCLUSIONS***Premium Experiences*

**Luray** | Experience Shenandoah National Park and hike along the Appalachian Trail.

**New River Gorge National Park** | Take in the breathtaking views in New River Gorge National Park.

**Asheville** | Take a tour of the Citizen Vinyl record pressing factory.

**Asheville** | Discover the The Biltmore Estate.

**Gatlinburg** | Visit the United States' third most-visited park, Great Smoky Mountains National Park.

**Clinton** | Visit the pioneering Museum of Appalachia. Enjoy a full Southern Appalachian country lunch with traditional bluegrass music.

**Nashville** | Visit the Ryman Auditorium, former home of the Grand Ole Opry.

**Nashville** | *Insight Choice* Join a Park Ranger for a tour of the intricate cave system at Mammoth Cave National Park, or visit the National Museum of African American Music and celebrate the central role African Americans play in creating the American soundtrack.

**Washington, D.C.** | Visit the only National Museum devoted exclusively to the documentation of African American life, history and culture. Your experience experience advances UN Global Goal 4: Quality Education.

**Cherokee** | At the Oconaluftee Indian Village, MAKE TRAVEL MATTER® and discover living history and an intriguing glimpse into the past. Your experience advances UN Global Goals 10 & 11 - Reduced Inequalities & Sustainable Cities and Communities

**MAKE TRAVEL MATTER® EXPERIENCE**

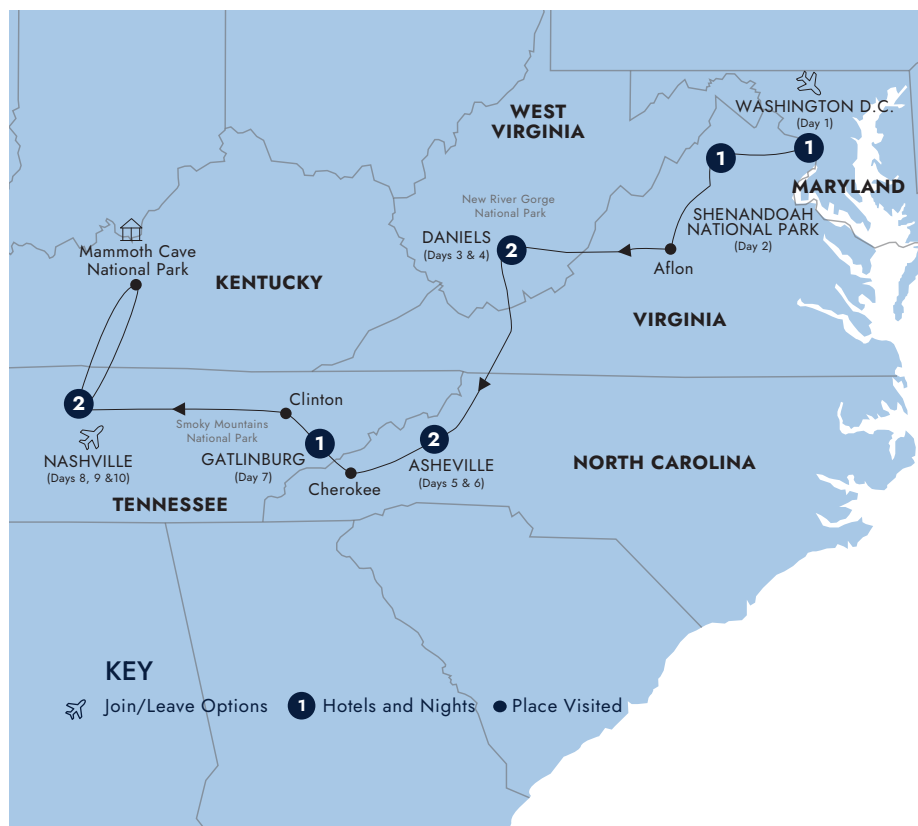
*Premium Dining*

**Asheville** | Enjoy a walking food tour of Asheville's culinary favourites. Taking a seat at acclaimed eateries, enjoy outstanding food and drink pairings.

**Smoky Mountains National Park** | Indulge in an intimate picnic lunch while overlooking the mountains.

**Nashville** | Dine at one of the locals' favourite restaurants, Puckett's.

For all inclusions see tour page online.



**KEY**  
 Join/Leave Options ● 1 Hotels and Nights ● Place Visited

# Boston, Cape Cod & The Islands

Follow the red-brick Freedom Trail in Boston, watch glassmakers at work at the Sandwich Glass Museum and admire the grand homes of Martha's Vineyard.

8 DAYS | 1 COUNTRY | 11 MEALS | BALANCED



4.2<sup>1/5</sup>

feefo

Guest Review Rating



Trip code: ACAP

## DEPARTURE MONTHS

May - June + September - October

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/bostoncapecod](https://www.insightvacations.com/bostoncapecod)

### DAY 1 | BOSTON, THE CRADLE OF LIBERTY

Welcome to Boston, a city that played a central role in American History. Later, savour a dinner with wine and an opportunity to mingle with fellow guests. **(D)**

**Hotel: Hyatt Regency, Boston**

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | HISTORIC BOSTON

Explore the city with your Travel Director and learn about its transformative past. You'll follow part of the red-brick Freedom Trail that brings the story of the American Revolution to life. See Bunker Hill Monument, Boston Common, Boston Public Garden, Trinity Church and Copley Square. Later, choose to visit the John F. Kennedy Presidential Library and Museum dedicated to the memory of the nation's thirty-fifth president, or tour Boston's oldest and largest Museum of Fine Arts, which is home to over 500,000 works of art, making it one of the largest art collections in the Americas. The rest of the day is at leisure. **(B)**

### DAY 3 | PILGRIM HERITAGE AND ON TO SANDWICH

This morning, discover Plymouth's history at the first Pilgrim settlement. Visit Pilgrim Hall Museum, the oldest continuously operating public museum in the country and America's museum of Pilgrim possessions. Join a MAKE TRAVEL MATTER® Experience as you visit the Plimoth Patuxet museum. This living memorial is dedicated to preserving the histories of the Native and English inhabitants of this region and educating the public on early settlers and the Wampanoag People in an immersive and engaging environment. Later you'll get to know the Cape more intimately as you make your way to the coastal haven of Sandwich. This afternoon, discover the art and science of glass making at Sandwich Glass Museum where you can watch glassblowers in action and explore exhibits spanning over three centuries. Enjoy a dinner back at your hotel later this evening featuring local favourites. **(B) (D)**

**Hotel: Dan'l Webster Inn and Spa, Sandwich**

### DAY 4 | EXPLORE CAPE COD

Head out to Salt Pond on Cape Cod's National Seashore and learn about the natural wonder and human history represented on the Cape, from its First People and European settlement to modern lifestyles and communication technology. Perhaps choose an optional guided tour through captivating sand dunes, showcasing the natural beauty and rich history of the area. Roll through the Dune Shacks of Peaked Hill Bars Historic District, catching sight of Pilgrim Lake while Local Experts share the history and ecology of these striking and inspiring dunes. The day will be filled with memorable moments from start to finish. **(B)**

**INCLUDED MEALS:** Breakfast **(B)** Lunch **(L)** Dinner **(D)**

**RELAXED STARTS: (RS)**

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

## DAY 5 | MARTHA'S VINEYARD, A PRESIDENTIAL PARADISE

Board a ferry this morning to iconic Martha's Vineyard (seasonal). Home to pristine sandy beaches, outdoor attractions and heavenly harbour towns, this summer hangout is no stranger to presidential visits. After disembarking, make your way to Oak Bluffs, known for its rainbow-coloured, gingerbread-like cottages, with gothic storybook decorations, high-peaked roofs, and dainty verandas. You'll also find the oldest operating platform carousel in America here. Get acquainted with the island accompanied by your Travel Director, before reaching your stay at the Harbor View Hotel, a historic and charming seaside retreat that offers stunning views of the Edgartown Harbor and a blend of timeless elegance with modern comforts. Tonight's dinner at your hotel is sure to delight with the season's freshest offerings from local farms, fishing boats, foragers and markets. **(B) (D)**

**Hotel:** Harbor View Hotel Martha's Vineyard



*Nantucket means "Faraway Island" in the language of the Wampanoag people who first lived on the island, 30 miles away from the mainland.*

**MIRIAM, TRAVEL DIRECTOR**

## DAY 6 | NANTUCKET ISLAND

Depart Martha's Vineyard in style on a high-speed catamaran for the picturesque island of Nantucket. Not only has it retained the charm

of a bygone era, it is one of the most exclusive coastal communities in the U.S. Take a guided walking tour through historic Downtown and see the beauty of antique cobblestone streets, lined with high-end boutiques and breathtaking architecture. The homes date back to its whaling days which also influenced much of the culture on the island. Return to the mainland in the evening. **(B)**

**Hotel:** Hotel Viking, Newport

## DAY 7 | NEWPORT, THE QUEEN OF SUMMER RESORTS

This morning, you'll enjoy a visit to The Breakers, a Gilded Age mansion and summer residence of Cornelius Vanderbilt II. The 70-room estate is the grandest of Newport's summer cottages. Today, it is a National Historic Landmark that serves as a symbol of the Vanderbilt family's social and financial pre-eminence in the Gilded Age. This afternoon, sail around Newport Harbor aboard the Rum Runner II cruising by Newport mansions and former speakeasies, lighthouses, islands, and many other points of interest along the waterfront. Our journey through New England is almost at its end, but not before you join your fellow travellers for dinner at La Forge Casino Restaurant originally established in 1880. **(B) (D) (RS)**

## DAY 8 | BACK TO BOSTON

It's time to say goodbye to your fellow travellers as you return to Boston. For those heading home, there will be complimentary transfers to Boston Logan International Airport. Alternatively, you may return to the Hyatt Regency Boston if you wish to extend your stay. **(B) (RS)**

**TRANSFER:** Arrive at the airport at 12:00.



### KEY

- Join/Leave Options
- UNESCO Heritage Site
- Hotels and Nights
- Place Visited
- Optional Place Visited
- Cruise



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Boston** | Unlock the secrets of the American Revolution during a tour of Boston's Historic Freedom Trail.

**Boston** | *Insight Choice* Visit the John F. Kennedy Presidential Library and Museum dedicated to the memory of the nation's youngest president, or visit the Museum of Fine Arts, renowned for its Impressionist paintings, Asian and Egyptian collections and early American art.

**Sandwich** | Learn the old glass-making techniques at the Sandwich Glass Museum.

**Martha's Vineyard** | Visit the port neighbourhood of Oak Bluffs.

**Nantucket** | Discover the islands' whaling history on a guided walking tour.

**Newport** | Enjoy a private cruise offering majestic views of Gilded Age mansions, lighthouses, and former speakeasies.

**Newport** | Visit the Breakers Mansion, the former summer cottage of Cornelius Vanderbilt II.

**Plymouth** | Visit the Plimoth Patuxet (Puh – tux- it) Museum – a living memorial dedicated to the lifestyle of the first English settlers and the Wampanoag Indigenous community. Your experience advances UN Global Goal 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

**MAKE TRAVEL MATTER® EXPERIENCE**



### Premium Dining

**Newport** | Enjoy a seafood dinner with wine.

**Martha's Vineyard** | Indulge in a locally sourced dinner in a private dining space in Bettini Restaurant.

**Boston** | Taste New England classics like clam chowder and Boston Cream Pie.

For all inclusions see tour page online.

# Country Roads of the Deep South

Explore the Civil Rights Movement and explore mansions in Natchez. Take a swamp ride through moss-draped waters and savour origins of Cajun as you discover the deep South from Nashville to New Orleans.

12 DAYS | 1 COUNTRY | 17 MEALS | LEISURELY



4.6/5



feefo

Guest Review Rating



Trip code: ASTH

## DEPARTURE MONTHS

March - June + September - October

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/deepsouth](https://www.insightvacations.com/deepsouth)

### DAY 1 | ARRIVE IN NASHVILLE

Welcome to Nashville, the capital of Tennessee and the USA's glittering centre stage. Savour dinner accompanied by wine in the company of your fellow travellers. (D)

**Hotel:** Hotel Fraye, Nashville

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | TAKE CENTRE STAGE IN NASHVILLE

Pass by the city's lively honky-tonks and performers on Broadway as you embark on an orientation tour of the city. Later, take a tour to RCA Studio B, the birthplace of Nashville Sound. In the afternoon, pay a visit to the Country Music Hall of Fame. Tonight, attend a live broadcast of the Grand Ole Opry, the longest-running radio broadcast in US history. (B)

### DAY 3 | CHOOSE YOUR NASHVILLE EXPLORATION

Make a stop at the Nashville Farmer's Market to explore its artisanal crafts and produce. You decide how to discover Nashville this afternoon with Insight Choice. Choose to visit Nelson's Green Brier, a local Tennessee distillery and home of the Original Tennessee Whiskey. Or join a MAKE TRAVEL MATTER® Experience with a visit to The National Museum of African American Music, the only museum dedicated to preserving and celebrating the many music genres created, influenced and inspired by African Americans. (B)

### DAY 4 | HEADING BACK HOME TO MEMPHIS

This morning you'll head to Memphis. Spend the morning on a sightseeing tour of the city, followed by your first of two MAKE TRAVEL MATTER® Experiences today. The first is a visit to the National Civil Rights Museum for a guided tour through centuries of the Civil Rights Movement and its impact on our culture today. The second is your private evening at the Stax Museum of American Soul Music. The museum is part of The Soulsville Foundation, which aims to prepare young adults for life success and inspire future artists. (B)

**Hotel:** The Guest House at Graceland, Memphis.

### DAY 5 | A DAY DEDICATED TO THE KING

Begin your day with a visit to the magnificent Graceland, the former home of Elvis Presley. Make your way to Sun Studio, the "birthplace of rock and roll", where legends B.B. King, Johnny Cash and Elvis recorded. Dinner this evening will be served at The Beauty Shop, a former parlour turned whimsical New American eatery where Elvis' ex-wife, Priscilla, was said to get her hair done. (B) (D)

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

**DAY 6 | MEMPHIS TO GREENWOOD**

Travel through the Mississippi Delta down the Mississippi Blues Trail, a route that tells the stories of local businessmen and women. Your Travel Director will give you background information on Greenwood's significance in the Civil Rights Movement, being a centre for protests and voter registration struggles from 1962 to 1965. Head to the Viking Cooking School for a hot tamales cooking class. Later, enjoy a delicious three-course meal with wine before returning to the hotel. **(B) (D)**

**Hotel: The Alluvian, Greenwood.**

**DAY 7 | MOVING ON TO NATCHEZ**

Learn more about Southern history and hospitality as you head to Natchez. Tour a historic Antebellum mansion and discover the preservation efforts of later generations to tell the story of African Americans through the decades. Later, test your mixologist skills as you concoct a traditional Southern cocktail, the Mint Julep. **(B)**

**Hotel: Monmouth Historic Inn and Gardens, Natchez**

**DAY 8 | NATCHEZ TO LAFAYETTE**

Move on to Lafayette for a taste of the Cajun and Creole culture. Get ready for a boat tour of a lifetime through moss-draped cypress trees, where graceful egrets perch just out of the reach of lingering alligators. Explore the diverse natural beauty and rich ecological systems of America's largest and most mysterious swamp ecosystem, the Atchafalaya Basin Swamp. **(B)**

**Hotel: DoubleTree by Hilton Hotel Lafayette.**

**DAY 9 | LAFAYETTE FOR FOOD LOVERS**

After breakfast, start the day with a visit to the Acadian Cultural Centre to learn more about the

people, music, and sounds that give Lafayette its distinct and charming character. This evening you will join a Local Expert for a tour of their crawfish pond. Visit during Crawfish season to catch your dinner the old-fashioned way, using hand nets, then enjoy a cooking demonstration before your authentic Cajun meal. **(B) (D) (RS)**

**DAY 10 | WELCOME TO THE BIG EASY**

New Orleans is a lively and dynamic city, known for its vibrant culture and electric jazz festivals. On the way down south, take a spicy stop at the Tabasco® Factory for a self-guided tour and discover how the world-famous red hot pepper sauce is made. This afternoon, enjoy a regional meal highlighting the flavours of New Orleans. **(B) (L)**

**Hotel: New Orleans Marriott, New Orleans**

**DAY 11 | FESTIVITIES IN NEW ORLEANS**

Get to know the city with a Local Expert as you discover each neighbourhood's unique architecture and explore the vibrant art scene. In the afternoon, take your time to get to know the city's distinct culture, perhaps enjoy an optional visit to the WWII Museum. Designated by Congress as America's official World War II Museum, discover the most impactful event of the 20th century during your visit. This evening enjoy an exclusive behind-the-scenes tour of Mardi Gras World. End your day by joining your fellow travellers at a dinner at the Tujague's Restaurant. **(B) (D) (RS)**

**DAY 12 | DEPART NEW ORLEANS**

It's time to say goodbye to your fellow travellers as your adventure comes to an end. Departure to the airport will be at leisure. **(B)**

**HIGHLIGHT INCLUSIONS***Premium Experiences*

**Nashville** | *Insight Choice* Visit Nelson's Green Brier, Nashville's most historic distillery and home of the Original Tennessee Whiskey. Learn more about the process that creates this drink's unique taste, or visit the National Museum of African American Music and celebrate the central role African Americans play in creating the American soundtrack.

**Memphis** | Explore Graceland, the private retreat of Elvis Presley.

**Natchez** | Reflect on America's history at an Antebellum mansion.

**New Orleans** | Enjoy an exclusive tour of Mardi Gras World, where the extravagant, vibrant floats are built each year, and design your own Mardi Gras Mask alongside a Certified Artist.

**Memphis** | Visit the National Civil Rights Museum in Memphis, and embark on a poignant tour through five centuries of the Civil Rights Movement. Your experience advances UN Global Goal 10: Reduced Inequalities.

**Memphis** | Visit the Stax Museum of American Soul Music for a special after-hours private tour. Your experience advances UN Global Goal 4: Quality Education.

**MAKE TRAVEL MATTER® EXPERIENCE**

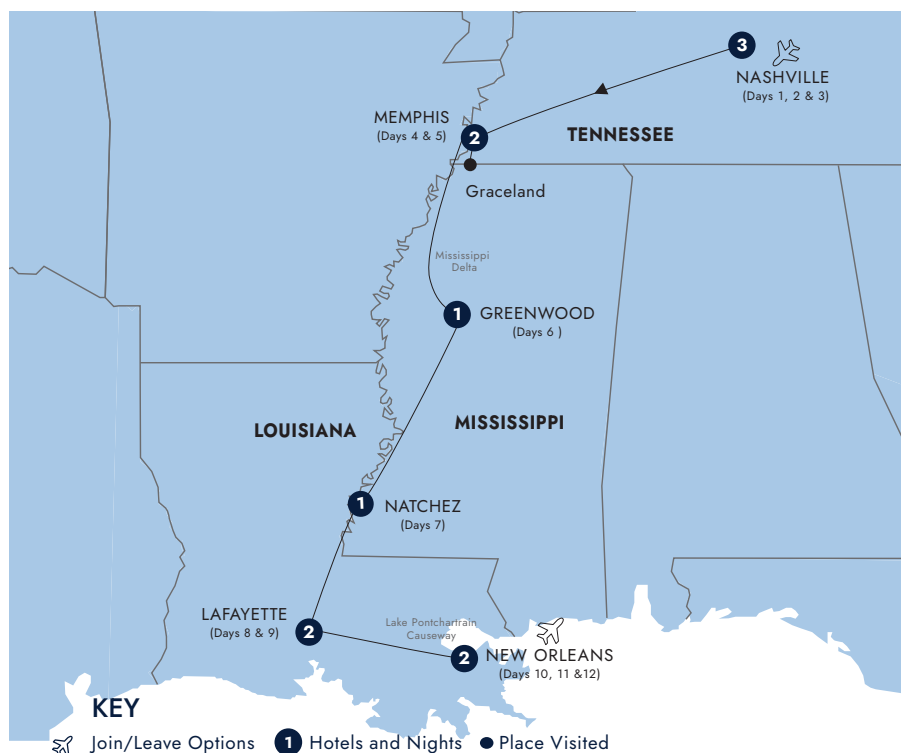
*Premium Dining*

**New Orleans** | Enjoy a live cooking demonstration featuring Cajun- and Creole-inspired dishes.

**Lafayette** | Catch your dinner using hand nets and learn how to prepare a traditional crawfish boil with a Local Expert.

**Memphis** | Dinner is served at a former beauty parlour turned whimsical New American eatery.

For all inclusions see tour page online.



# Hawaii with Oahu, Maui & the Big Island

The best of land and sea. Explore Pearl Harbor, pineapple farms and coffee plantations, and sit down for a Farm-to-Table lunch. Reach new heights at Haleakala National Park or snorkel your way through the eaters of Lana'i islands.

10 DAYS | 1 COUNTRY | 16 MEALS | BALANCED



4.7/5

★★★★★

feefo

Guest Review Rating



Trip code: APARK

## DEPARTURE MONTHS

Year-round

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/hawaiibig](https://www.insightvacations.com/hawaiibig)

### DAY 1 | ALOHA HAWAII

After your arrival at Honolulu Airport, the traditional lei greeting at your Travel Director's Welcome Desk kicks off your Hawaii holiday. Your hotel during your time on Oahu was the setting for 'Blue Hawaii', Elvis Presley's 1961 movie and it is the birthplace of the legendary cocktail of the same name. Tonight, join your Travel Director and fellow travellers for dinner. (D)

**Hotel:** Hilton Hawaiian Village Waikiki Beach Resort, Oahu

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | PEARL HARBOR

Enjoy a relaxed start this morning followed by a visit to the Pearl Harbor National Memorial, commemorating the tragic day of December 7<sup>th</sup> 1941. Walk through the Visitor Centre and take a short boat ride to the USS Arizona Memorial, the final resting place of 1,102 sailors and marines. USS Arizona tickets are subject to NPS availability not known until the day before visit. Spend time at the superb visitor centre and explore exhibits that recount the events that led the US to join World War II. As part of today's adventure, you'll see the Punchbowl National Memorial Cemetery of the Pacific. It honours all those who served in the US Armed Forces and lost their lives during WWII, the Korean War and the Vietnam War. Return to Waikiki and spend the rest of your day at leisure. (B) (RS)

### DAY 3 | A TRIP AROUND OAHU

After a relaxed start this morning, set out to explore Oahu on an exciting island tour. Take in the epic views from Pali Lookout towards the Kaneohe Bay and the Windward Coast. Journey beneath the towering Ko'olau Cliffs and along the rugged coastline. Join a MAKE TRAVEL MATTER<sup>®</sup> Experience with your Local Expert in a Hawaiian Legacy Forest and partake in the sacred planting ceremony of a native tree contributing to the healing of the local ecosystem. Delve into an al fresco, sustainably sourced picnic lunch while enjoying views of the Legacy Forest. Continue to North Shore where in the winter months waves can reach 30ft making it a favourite spot among big wave surfers worldwide. Visit Haleiwa, the social and artistic hub of the North Shore. Finally, return to Waikiki after your eventful day and enjoy your evening at leisure. (B) (L) (RS)

### DAY 4 | MAUI, THE VALLEY ISLE

Take a short flight to Kahului on Maui. Visit the awe-inspiring Iao Valley State Park and see the 1,200-foot landmark Iao Needle. In the evening you are invited to choose your own dining experience from a selection of restaurants for your Dine-Around Evening. Your options include a magical evening at the Waialele Luau for a taste of traditional Polynesian cuisine, dance and storytelling, or one of the resort's other top-rated restaurants. (B) (D)

**Hotel:** The Westin Maui Resort & Spa, Ka'anapali Beach, Maui

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.



**DAY 5 | UPCOUNTRY MAUI**

Head to Upcountry Maui and discover a different face of the island. Visit one of the last working pineapple farms with a fun and knowledgeable Local Expert. Indulge in a Farm-to-Table lunch at the Hali'imaile General Store. Originally a plantation shop in the early 20<sup>th</sup> century, the restaurant is known for its outstanding island cuisine. Return to your resort and spend the evening at your leisure. **(B) (L)**

**DAY 6 | INSIGHT CHOICE IN MAUI**

Explore Maui with Insight Choice. Choose to experience sunrise at Haleakala National Park, offering an astonishing volcanic landscape. Hear the Hawaiian legends about the active volcano and see the unique Haleakalā Silversword plant. Alternatively, cruise to the scenic coastline of Lana'i island and snorkel a dazzling coral reef, home to abundant sea life. Tonight, get together with your Travel Director and fellow travellers for dinner. **(B) (D)**

**DAY 7 | TO THE ISLAND OF HAWAI'I**

Take a short flight to Hawai'i, the largest island of the archipelago. Upon arrival, spend time in easy-going Kailua-Kona, once the home of Kamehameha I, Hawai'i's great ruler. Travel from the beach to the coffee growing area of Kona and join a Local Expert to learn about Kona coffee. Enjoy a tasting of this gourmet speciality that only grows on the slopes of two local active volcanoes. See native plants, fruits and the organic coffee fields on your tour around the plantation. Continue to your luxurious resort accommodation and enjoy the rest of your day at leisure. **(B)**

**Hotel: Hilton Waikoloa Village, Island of Hawai'i**

**DAY 8 | THE VOLCANOES OF HAWAII**

After a relaxed start, get ready for an unforgettable journey to the volcano. Following

a luscious lunch, enter the UNESCO World Heritage listed Hawai'i Volcanoes National Park. Hear the legends of Pele, the goddess of volcanoes and fire and the creator of the Hawaiian Islands. Stop by the magical Rainbow Falls on your way back to your resort. **(B) (L) (RS)**



*Make your way through the world's tallest mountains from base to summit en route to UNESCO-listed Volcanoes National Park. Here you'll stand in front of the fire goddess, Pele, on Kilauea caldera's rim.*

**ANDREW, TRAVEL DIRECTOR**

**DAY 9 | A DAY TO RELAX**

Enjoy a relaxed start and spend the day on island time, lounging under the swaying palms or by the pool. Indulge in a spa treatment or snorkel in the local lagoon, looking for the rare green sea turtles that call these waters home. Tonight, come together at an oceanfront restaurant for dinner and toast to your travels. **(B) (D) (RS)**

**DAY 10 | FAREWELL HAWAII**

Bid farewell to your fellow travellers and new friends and depart at leisure to the Kona airport filled with new memories and stories. **(B)**

**HIGHLIGHT INCLUSIONS***Premium Experiences*

**Honolulu** | Visit Pearl Harbor and step aboard the USS Arizona Memorial.

**Honolulu** | See the Punchbowl National Memorial Cemetery of the Pacific.

**Oahu** | Enjoy epic views from Pali Lookout and see various sites around the island.

**Maui** | See the 1,200-foot landmark Iao Needle.

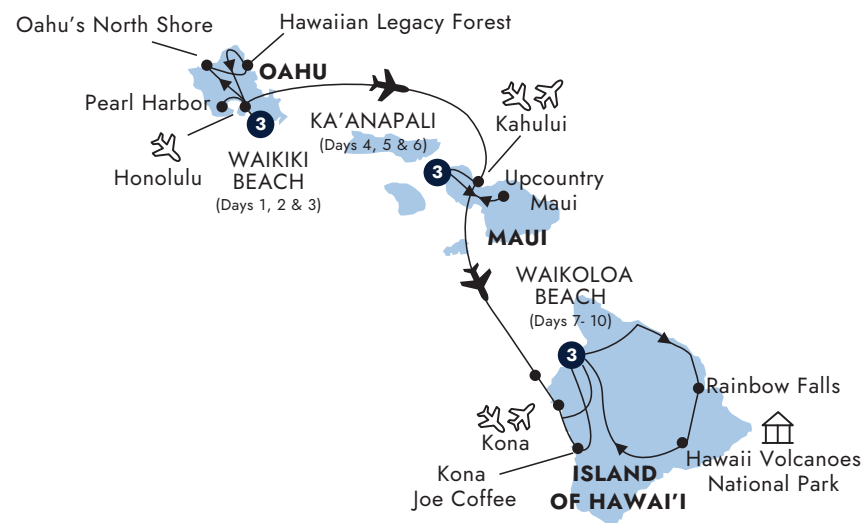
**Maui** | Visit one of the last working pineapple farms with a Local Expert. Discover how these plantations impacted the islands and sample some of the extra sweet Maui Gold variant.

**Maui** | *Insight Choice* Choose to visit the Haleakala National Park offering an astonishing volcanic landscape, or watch for dolphins as you cruise to the scenic coastline of Lāna'i island and snorkel a dazzling coral reef.

**Island of Hawai'i** | Visit the UNESCO World Heritage listed Hawai'i Volcanoes National Park.

**Oahu** | **MAKE TRAVEL MATTER®** as you join an eco-tour with your Local Expert in a Hawaiian Legacy Forest and plant a native tree contributing to the healing of the local ecosystem. Your experience advances UN Global Goal 15: Life on Land.

**MAKE TRAVEL MATTER® EXPERIENCE**

**KEY**

- Join/Leave Options
- Included Flights
- UNESCO Heritage Site
- Hotels and Nights
- Place Visited

*Premium Dining*

**Maui** | Enjoy lunch at Hali'imaile General Store, Maui's original Farm-to-Table restaurant.

**Maui** | Choose to dine at the Wailele Luau or one of your resort's other Top-rated Restaurants.

**Oahu** | Dive into an al fresco, sustainably sourced lunch while enjoying epic views.

For all inclusions see tour page online.

# Best of Chile from Atacama to Patagonia

Explore the Atacama Salt Flats, glaciers of Patagonia and Torres del Paine, and join traditional gauchos. Sip a tasting flight at one of Casablanca's best wineries and see one of the most impressive geothermic fields in the world.

11 DAYS | 1 COUNTRY | 20 MEALS | BALANCED



Be the first to  
rate this new trip.  
**feefo**  
Guest Review Rating



Trip code: ZCHL

## DEPARTURE MONTHS

February + April + October - December

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/bestofchile](https://www.insightvacations.com/bestofchile)

### DAY 1 | ARRIVE IN SANTIAGO

Welcome to Santiago. A picturesque city set against the spectacular, snowcapped Andes, it offers a world of museums, top restaurants and historic finds. In the evening, savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

**Hotel:** Intercontinental, Santiago

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | VALPARAISO AND THE CASABLANCA WINE COUNTRY

Begin your day with a visit to the coastal city of Valparaíso. Explore the UNESCO protected site with a Local Expert as you discover its church-dotted hillsides and unique amphitheatre-like layout. After lunch, visit Bodegas RE Winery for a private wine tasting in the Casablanca Valley. Recognised for crafting exceptional wines with passion and precision, embodying the essence of Chilean terroir in every bottle. **(B) (L)**

### DAY 3 | ON TO ATACAMA

Take a transfer to the airport for your flight to Calama, a city based in the Atacama Desert. On arrival you'll head to San Pedro de Atacama. You'll then be driven to the Moon Valley for a guided visit. True to its name, this moon-like area is made up of dunes, caves and caverns. Learn more about its history and the land formations from a Local Expert. **(B)**

**Hotel:** Cumbres, San Pedro de Atacama

### DAY 4 | EXPLORE ATACAMA

This morning, take a guided visit to the Atacama Geysers known as El Tatio Geysers, the largest in the Southern Hemisphere. Located in the Andes Mountains, you'll be 14,170 feet (4,230 metres) above sea level. Afterwards, enjoy a visit to the Puritama Hot Springs before taking a scenic drive back to your hotel. **(B) (D)**

### DAY 5 | ATACAMA SALT FLATS

Explore the Atacama Salt Flats, the largest in Chile. One of the driest parts of the world, the area stretches for over 40,000 square miles (103,600 kilometres). Keep your eyes open for species of wild birds including the Andean and James flamingos on the shores of the Chaxa, Miscanti and Minque Lagoons. This afternoon, make your way to Toconao, a traditional colonial village known for its volcanic rock architecture. **(B)**

### DAY 6 | ATACAMA TO SANTIAGO

Wake up for your transfer and flight back to Santiago. For lunch, savour the exquisite fish and seafood in the cosy and spacious dining rooms of El Galeón restaurant. The history of El Galeón dates back to 1935, when this famous establishment opened its doors in the Central Market, the main supply centre of the capital. Afterwards, continue to the Plaza de Armas and the cathedral, travelling to the heart of the city along the famous Alameda, Santiago's vibrant main avenue. Then, cross the Mapocho River to

**INCLUDED MEALS:** Breakfast **(B)** Lunch **(L)** Dinner **(D)**

**RELAXED STARTS:** **(RS)**

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

reach the bohemian Bellavista district on your way to San Cristobal Hill. **(B) (L)**

**Hotel: Intercontinental, Santiago**

#### DAY 7 | ON TO PUERTO NATALES

Fly to Punta Arenas where you'll then drive to Puerto Natales, the gateway to Torres del Paine National Park. Famous for its spiced meat and seafood dishes, tonight's meal will have you savouring typical Patagonian dishes. **(B) (D)**

**Hotel: Remota Patagonia Lodge, Puerto Natales**



*Chile is home to 41 National Parks, covering an area of over 14.5 million hectares (about 35.8 million acres).*

**MARITZA, SENIOR MANAGER  
TRAVEL EXPERIENCES**

#### DAY 8 | BALMACEDA AND SERRANO GLACIERS EXCURSION

Head out on a Balmaceda and Serrano Glacier Cruise to view these majestic ice formations. On return, the rest of your day is at leisure. **(B) (L)**

#### DAY 9 | TORRES DEL PAINE NATIONAL PARK

Join your Local Expert on an excursion of Torres del Paine National Park, famous for its glaciers,

grasslands, imposing mountains and the three granite towers it is named after. Later today, explore with Insight Choice. Opt to learn the Patagonian cowboy way of life by spending an evening with local vaqueros to learn about their special clothing, saddles and an opportunity to share mate, a herbal tea made from yerba mate leaves. Or, join a tour of the region's oldest gardens at Reserva Cerro Paine which produces seasonal fruits and vegetables using bio-intensive sustainable methods. Tonight, join a MAKE TRAVEL MATTER® Experience as you enjoy the exquisite flavours of Torres Del Paine National Park. **(B) (L) (D)**

**Hotel: Las Torres Patagonia, Torres del Paine National Park**

#### DAY 10 | SIGHTSEEING IN TORRES DEL PAINE

Spend the day sightseeing in Torres del Paine as you look out for the park's guanacos and Andean condors. Witness the sharp peaks of Cuernos del Paine and marvel at the emerald waters of the park's lakes. Join your Travel Director and new friends as you toast to your travels over dinner with wine. **(B) (L) (D) (RS)**

#### DAY 11 | BACK TO SANTIAGO

It's time to say goodbye to your fellow travellers as your trip comes to an end. Head to Punta Arenas where you'll fly to Santiago International Airport for your flight home. End your tour in Santiago. **(B)**

**TRANSFER:** Arrive at the airport at 19:00.



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Valparaíso** | Explore this coastal city and a UNESCO World Heritage Site.

**San Pedro de Atacama** | Discover Moon Valley, made up of dunes, caves and caverns, with your Local Expert.

**San Pedro de Atacama** | Visit El Tatio Geysers, one of the most important geothermic fields in the world.

**San Pedro de Atacama** | Explore the Atacama Salt Flats, the largest in Chile and one of the driest parts of the world.

**Puerto Natales** | Explore Balmaceda and Serrano Glaciers aboard a sea vessel.

**Torres del Paine National Park** | Take a scenic drive through Chile's Patagonia Region.

**Torres del Paine National Park** | *Insight Choice* learn about the gaucho (cowboy) way of life, or tour the region's oldest garden.

**Torres del Paine National Park** | Enjoy the exquisite local flavours of Torres Del Paine National Park as you dine at Hotel Las Torres. Every meal features fresh, in-season ingredients grown onsite at the region's oldest gardens that utilise bio-intensive sustainable techniques. Your experience advances UN Global Goal 12: Responsible Consumption and Production.

**MAKE TRAVEL MATTER®  
EXPERIENCE**



### Premium Dining

**Valparaíso** | Enjoy delicious Chilean cuisine with a privileged view of the port.

**Santiago** | Enjoy lunch at El Galeón, the seafood restaurant in the heart of the Central Market.

**Torres del Paine National Park** | Raise a toast to your travels at a dinner with wine.

For all inclusions see tour page online.



#### KEY

- Join/Leave Options
- Included Flights
- UNESCO Heritage Site
- Hotels and Nights
- Place Visited

# Peru with Machu Picchu & the Nazca Lines

Uncover the best of Peru. Visit the mesmerising Maras salt pans, meet Quechua weavers and experience the magic of Machu Picchu. Walk the Ollantaytambo ruins and soar above the mysterious Nazca lines.

13 DAYS | 1 COUNTRY | 25 MEALS | DYNAMIC



4.9/5  
★★★★★  
feefo

Guest Review Rating



## DEPARTURE MONTHS

March - May + July - November

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/perunazcalines](https://www.insightvacations.com/perunazcalines)

Trip code: ZPERP

### DAY 1 | WELCOME TO LIMA

Arrive in Lima for the first day of your journey. In the evening meet your Travel Director and fellow travellers at the hotel bar for a dinner and drinks. (D)

**Hotel: MGallery Manto Hotel, Lima**

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | EXPLORE LIMA

Explore the colourful capital of Peru this morning with your Local Expert. Delve into its colonial past and see key attractions. Visit Casa Aliaga, an impressive mansion that has been home to the Aliaga family for 17 generations. For those with an appreciation for art, head to Museo Larco, a private museum located in Lima's Pueblo Libre District. It is the highest-rated museum in South America and houses the largest collection of Pre-Columbian art. Indulge in a lunch in a stunning garden setting. After lunch, meet a Local Expert who will take you around the Museo Larco and share the museum's private collection with you. Delve into Peruvian culture, its ancient history and the country's religious beliefs. (B) (L) (RS)

### DAY 3 | LIMA TO SACRED VALLEY

After a morning flight to Cusco, begin your exploration with a tour of the Sacred Valley, while taking in impressive views on your scenic drive along the way. Enjoy lunch at Altar Inca, surrounded by some of the most stunning sights of the region. Arrive at your hotel for a leisurely evening where you can rest and adjust to the altitude in total comfort and anticipate another exciting day in the Sacred Valley. (B) (L)

**Hotel: Aranwa Sacred Valley Hotel & Wellness, Urubamba**

### DAY 4 | EXPLORE SACRED VALLEY

Begin the day with a visit to the stunning Maras Salt Mines before heading to an Incan laboratory in Moray, located on an archaeological site close to Cusco. Then join a MAKE TRAVEL MATTER® Experience and visit a local traditional Quechua weaver where you will learn first-hand about ancient weaving techniques and the importance these textiles have in shaping both personal and regional identities. Make your way to Laguna Piuray where you'll enjoy your lunch of Pachamanca, a traditional Peruvian feast. In the evening, transfer to Hacienda Huayocari, a gem of the Sacred Valley. Explore its grounds and sit down for a special dinner made of local farm-grown produce. (B) (L) (D) (RS)

### DAY 5 | EXPLORE MACHU PICCHU

Board and prepare to be stunned for your 360° Inca Rail train ride that takes you through countless breathtaking sights of Peru. On the way, visit the Ollantaytambo ruins and stop at a local house in the village to meet the family living there for fantastic local insight into the region. In the afternoon, it is finally time to visit

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)  
**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

Machu Picchu, where you'll meet Local Experts for a guided visit in small groups. They will take you through the countless ruins and explain their historical and archaeological significance, as well as the importance of their location. End your day with a relaxing dinner and drinks at your hotel. **(B) (D) (RS)**

**Hotel: Sumaq Machu Picchu Hotel, Aguas Calientes**

#### DAY 6 | MACHU PICCHU AT LEISURE

Take in the beauty and history of Machu Picchu for a second time, spending your morning exploring at your own pace. The afternoon is yours at leisure to continue your explorations. Then in the evening head to a fantastic dinner with your fellow travellers. **(B) (D) (RS)**

#### DAY 7 | ON TO CUSCO

After breakfast, return by train to Ollantaytambo, where you will transfer to the ancient city of Cusco. Once you arrive, head out on a walking tour with a Local Expert. Visit its cathedral and the Qorikancha temple, the most important temple in the Inca Empire. The evening is yours at leisure. **(B) (RS)**

**Hotel: JW Marriott El Convento, Cusco**

#### DAY 8 | EXPLORING CUSCO

Start your day with a walking tour of Sacsayhuaman. Afterwards, explore with Insight Choice. Choose to join a Local Expert on a guided hike of the Inca ruins at Puca Pucara. Alternatively, you can explore the lively and colourful San Pedro Market. Later, make your way to the city's planetarium for a private, after-hours tour, sample some local delicacies and hot wine as you gaze at the night sky. **(B) (L) (RS)**

#### DAY 9 | LEISURE TIME IN CUSCO

Today, explore Cusco at your own pace. Perhaps head out on an optional visit to the ChocoMuseo to learn about chocolate making. Another active option is a hike to the Rainbow Mountain. Or maybe relax and unwind at your

hotel, set in a beautiful 16<sup>th</sup>- century building. In the evening, join your fellow travellers for a memorable dinner at Inka Grill. **(B) (D) (RS)**

#### DAY 10 | FROM THE ANDES TO THE COAST

Depart Cusco and fly to Lima. From here, enjoy a leisurely coastal drive to the beach town of Paracas. Known for its sandy beaches, wildlife and the Paracas Candelabra geoglyph. With the rest of your evening free, take the opportunity to relax at your beautiful resort right on the beach. Take a cooling dip in one of their two swimming pools or stroll through the fragrant gardens. **(B) (L)**

**Hotel: Hotel Paracas, a Luxury Collection Resort, Paracas**

#### DAY 11 | PARACAS & THE NAZCA LINES

This morning meet a local fisherman to learn about their daily life and routine. Afterwards, take in the area from above with an aircraft ride over the mysterious Nazca Lines. This is truly the best way to experience this stunning UNESCO World Heritage Site in all its glory. **(B) (D)**

#### DAY 12 | BALLESTAS ISLANDS AND PERUVIAN WILDLIFE

Have your cameras at the ready as you head out on a scenic cruise to the Ballestas Islands famous for their rock formations and marine life. Explore this beautiful area before heading to visit a pisco distillery for a tasting of the local spirit. Then head to Ica, stop at a local museum where you'll learn more about the city's culture. **(B) (L)**

#### DAY 13 | CHINCHA AND RETURN TO LIMA

Embark on your return to Lima, stopping at Hacienda San Jose. You'll get a tour of the plantation and learn more about a dark chapter in Peruvian history and the area's heart-breaking past of slavery in the cotton business. End your tour in Lima. **(B) (L)**

**TRANSFER:** Arrive at the airport at 18:00.



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Lima** | Tour Museo Larco's collection of Pre-Columbian art.

**Machu Picchu** | Journey in style on your 360° IncaRail train ride.

**Machu Picchu** | Enjoy a guided visit with a Local Expert.

**Sacred Valley** | Visit the UNESCO World Heritage Maras Salt Mine.

**Sacred Valley** | Visit the Ollantaytambo ruins built in the 1400s.

**Cusco** | Explore the Incan archaeological site of Sacsayhuaman.

**Cusco** | Enjoy an after-hours Planetarium visit to learn how the Incas interpreted the stars.

**Cusco** | *Insight Choice* join a guided hike of the Inca ruins in Puca Pucara, or explore San Pedro Market.

**Paracas** | Take to the skies to see the iconic Nazca Lines.

**Paracas** | Enjoy a scenic cruise to the Ballestas Islands.

**Sacred Valley** | Visit a local traditional Quechua weaver in the Sacred Valley for a private textile presentation. Your experience advances UN Global Goals 5 & 10: Gender Equality & Reduced Inequalities.

**MAKE TRAVEL MATTER® EXPERIENCE**



### Premium Dining

**Cusco** | Savour a slow-cooked Cusqueñan lunch in the courtyard of a historic mansion.

**Sacred Valley** | Enjoy a lunch of Pachamanca, a traditional Peruvian feast.

**Lima** | Indulge in Peruvian cuisine amidst the lush garden setting at Museo Larco.

For all inclusions see tour page online.



#### KEY

Join/Leave Options
 UNESCO Heritage Site
 Hotels and Nights
 Place Visited

Train
 Cruise

# Argentina, Uruguay & Brazil Discovery

Sip Copacabana cocktails, shop Buenos Aires' markets and watch the tango. Stay at a luxury hotel beside Iguassu Falls, rise to new heights in Rio, and sip wine and olive oil on the estates of Sacramento.

11 DAYS | 3 COUNTRIES | 17 MEALS | BALANCED



4.0/5  
★★★★☆  
feefo

Guest Review Rating



Trip code: ZAUB

## DEPARTURE MONTHS

January + March + October + December

For dates, prices and to choose your group size call your Travel Advisor or see [insightvacations.com/argentinadiscovery](https://www.insightvacations.com/argentinadiscovery)

### DAY 1 | ARRIVE IN BUENOS AIRES

Nicknamed the "Paris of South America", this glamorous destination really does live up to its European counterpart. Neoclassical, Art Nouveau and Art Deco buildings line its streets, attracting equally sophisticated travellers. On arrival, you'll be transferred to your luxury hotel. Relax and unwind before meeting your Travel Director and fellow guests for a three-course dinner with wine. **(D)**

**Hotel:** MGallery Palladio Hotel, Buenos Aires

**WELCOME:** Meet your Travel Director at 18:00.

### DAY 2 | EXPLORE BUENOS AIRES

Start your first full day in Buenos Aires with a city tour. Take in the capital's key sights including the Metropolitan Cathedral, Casa Rosada and Plaza de Mayo. Witness a private demonstration and performance by professional tango dancers in El Viejo Almacén. Later, enjoy a unique fireside dining experience at El Fogón Asado. **(B) (L) (RS)**

### DAY 3 | ON TO COLONIA DEL SACRAMENTO

Travel by ferry across the Rio de la Plata, otherwise known as the River Plate. Visit Colonia del Sacramento. Now a UNESCO World Heritage Site, this colourful destination was originally founded by the Portuguese in the 1600s. Enjoy lunch with wine at a local olive farm, Viñedos y Olivares del Quintón, known for their characteristic terrain and thermal air, the perfect setting for vineyards and olive groves. Take a guided walking tour of the protected old city's 16<sup>th</sup> century buildings before arriving in Uruguay's capital, Montevideo. **(B) (L)**

**Hotel:** Costanero MGallery, Montevideo

### DAY 4 | VISIT JUANICÓ WINERY

Explore Montevideo on a city tour. Just north of Montevideo sits Juanicó winery, one of the leading wineries of the country. You'll be welcomed with a tour of the vineyards, state-of-the-art facilities, and the wine cellar built in 1840. After learning how the past and present blend to create wines that receive gold medals, sit down to a leisurely lunch. A sip of one of their Chardonnay, Sauvignon Blanc, Gewurztraminer, Riesling and Sauvignon Gris or flagship full-bodied red will leave you with a new appreciation for Uruguayan wines. **(B) (L)**

### DAY 5 | RETURN TO BUENOS AIRES

Enjoy a leisurely morning before your transfer to the ferry escorting you back to Buenos Aires. Curate your afternoon with Insight Choice. Select from two insightful walking tours tailored for the curious traveller. In the city with one of the highest number of bookstores per person in the world, visit the ritzy Recoleta neighbourhood's Ateneo Bookstore. Discover its history as the former Teatro Grand Splendid theatre when it hosted performances by the

**INCLUDED MEALS:** Breakfast (B) Lunch (L) Dinner (D)

**RELAXED STARTS:** (RS)

**HOTELS:** On occasion, hotels of a similar standard and location may be used.

famous tango singers Carlos Gardel and Ignacio Corsini. Or, delight your palate on a walking tour to Avenida Corrientes, including stops at the nearly 100-year-old Guerrin pizzeria and world-famous Cadore ice cream store. **(B) (RS)**  
**Hotel: MGallery Palladio Hotel, Buenos Aires**

#### DAY 6 | BUENOS AIRES TO IGUASSU FALLS

Fly from Buenos Aires to Iguassu Falls. With over 270 waterfalls, rare flora and fauna, and lush rainforest, your destination really is as impressive as the photos suggest. Meaning “big water” in the Guaraní language, the stunning falls land in both Argentina and Brazil. Have a night at leisure within the National Park as you take in your beautiful surroundings. **(B)**  
**Hotel: Gran Meliá, Iguazú National Park**

#### DAY 7 | SIGHTSEEING AT IGUASSU FALLS

Take in breathtaking views of the jungle and falls, before heading out with a Local Expert to explore the Argentinian side of the park. Take an optional boat ride to Devil’s Throat, the largest and perhaps most famous water cascade in the park. Tonight’s dinner takes place at The Argentine Experience, where you’ll enjoy traditional Argentinian cuisine complemented by delicious local wine. **(B) (D)**

#### DAY 8 | THE BRAZILIAN SIDE

Wake up and enjoy breakfast with a tropical view. Today you’ll take a guided visit to the Brazilian side of Iguassu Falls. Your Local Expert will show you panoramic views of San Martin Island, before you head to the airport for your flight to Rio. Located by Copacabana Beach, your hotel is the perfect place to relax. Take a dip in the rooftop pool, sit back and watch the sunset, or explore the bars and restaurants on your doorstep. **(B)**  
**Hotel: Hilton Copacabana, Rio de Janeiro**

#### DAY 9 | EXPLORE RIO DE JANEIRO

Begin your day with a visit to a local produce market to sample some of Brazil’s exotic fruits. Join a MAKE TRAVEL MATTER® Experience with a local botanist for a special guided visit to Rio’s Botanical Garden, a preservation site for a rare collection of bromeliads and orchids (seasonal exhibit), as well as old trees and exotic plants. Made up of museums, research and cultural centres, the park showcases over 6500 different species of plants, both local and foreign. Enjoy lunch sipping on a classic caipirinha cocktail at Casa Camolese, a contemporary restaurant situated next to the garden. Conclude your day with a cable car ride to the top of the iconic Sugarloaf Mountain for incredible views of the city and Guanabara Bay. **(B) (L)**

#### DAY 10 | LEISURE TIME IN RIO DE JANEIRO

In the morning, board a cogwheel train through the Tijuca Forest to the top of Corcovado Mountain, home to the iconic Christ the Redeemer statue. After descent, enjoy a scenic drive past some of the most beautiful beaches in Rio. Spend the afternoon soaking up the sun on Copacabana Beach or ask your Travel Director for the best spot to grab a Brazilian coffee. In the evening, commemorate your holiday as you join your new friends for a memorable dinner at a traditional Brazilian churrascaria offering views of Sugarloaf Mountain. **(B) (D)**

#### DAY 11 | DEPART RIO DE JANEIRO

It’s time to say goodbye to your fellow travellers as your trip comes to an end. Take our organised transfer to Rio de Janeiro’s Antônio Carlos Jobim International Airport. **(B)**



## HIGHLIGHT INCLUSIONS

### Premium Experiences

**Buenos Aires** | Enjoy a private tango demonstration and engage first-hand with the professional dancers.

**Colonia Del Sacramento** | Visit this UNESCO World Heritage Site and its charming cobblestone streets with a Local Expert.

**Buenos Aires** | *Insight Choice* Discover the history of Ateneo Bookstore on a walking tour, or delight your palate with a tour and visit to Guerrin Pizzeria and Cadore Ice Cream.

**Iguassu Falls** | Enjoy breathtaking views from both the Argentinian and Brazilian side of the park.

**Rio de Janeiro** | Take a cable car ride up to Sugarloaf Mountain.

**Rio de Janeiro** | See Christ the Redeemer statue atop Mount Corcovado.

**Rio de Janeiro** | Join a local botanist for an exclusive guided visit to Rio’s Botanical Garden. Your experience advances UN Global Goal 15: Life on Land.

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EXPERIENCE



### Premium Dining

**Rio de Janeiro** | Dine on succulent grilled specialities at a traditional Brazilian churrascaria.

**Rio de Janeiro** | Enjoy a lunch with a classic Caipirinha cocktail next to the city’s botanical garden.

**Montevideo** | Visit a local olive oil farm before sitting down for lunch paired with local wines.

**Buenos Aires** | Enjoy a tasting menu of traditional flavours including the best cuts of meat and fire-roasted vegetables during your culinary journey.

For all inclusions see tour page online.

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1st Edition NZ, June 2024



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